

NPSL CROSS COUNTRY ALL LEAGUE AWARDS 2019

Cascade - GIRLS

Athlete of the Year		
Name	Grade	School
Faith Martinez	10	Tahoma

Coach of the Year		School
Jeff Brady		Tahoma

Sportsmanship		

1st Team		
Name	Grade	School
Faith Martinez	10	Tahoma
Theresa Barnhart	10	Tahoma
Anika Nau	9	Tahoma
Lulu Brady	11	Tahoma
Sara Sanders	9	Tahoma
Sage Aguilar	10	Tahoma
Savanna Acosta	9	Tahoma

2nd Team	Grade	School
Kelsey Ballard	11	Kentlake
Krista Matuska	12	Kentlake
Elena Lucero	10	Mt Rainier
Lolarose Aselin	11	Kentwood
Trisity Marshall	10	Mt. Rainier
Ashley Kurth	9	Kennedy Catholic
Ingrid Erickson	11	Kentridge