

SOUTHWEST WASHINGTON 1A LEAGUE WRESTLING SOP'S

1. WIAA registered officials must be used for all matches.
2. Dual matches:
 - a. Weigh-ins at 5:00pm
 - i. Follow NFHS weigh in procedures
 - b. Match start time:
 - i. Junior Varsity – 6:00pm
 - ii. Varsity – Not to start before 6:30pm (Except for double duals which have a 6:00pm Varsity start time.)
3. A doctor or emergency medical aide is requested to be in attendance whenever possible. The home medical person shall be encouraged to check with the visiting coach after the match to make sure that there are no serious injuries.
4. The wrestling sub-regional tournament shall be a double elimination tournament with the exception of pigtails when necessary.
5. The home team selects the order of teams for double dual wrestling.

SWW 1A SUB-REGIONAL TOURNAMENT SEEDING GUIDELINES

1. All wrestlers score team points.
2. Wrestlers from the same team may not wrestle each other in the first round.
3. Top eight wrestlers will be seeded whenever possible with a maximum of two wrestlers per school. Two wrestlers from the same team will be seeded if there is criterion.
4. If a total number of wrestlers in a weight class exceeds sixteen, a pig-tail will be used for tournament entry. The procedure will be as follows:
 - a. Seed top eight wrestlers
 - b. Place wrestlers to draw
 - c. Pig-tail remaining wrestlers
5. Wrestlers may not be moved to a different weight class after that weight class has been seeded and closed.
6. Replacement of a wrestler will be allowed for injury or illness only, when documented by a doctor. If a wrestler is pronounced ineligible because of a school or other rules, a wrestler who is not already in the tournament may replace him/her. If a replacement will be entered into the tournament, the tournament director will be notified prior to the weigh-in.
7. Replacement of a seeded wrestler will be done by moving lower seeded wrestlers upward. The procedure will be as follows:
 - a. If the replacement is able to be seeded, he will be seeded where appropriate
 - b. Individual coaches shall have the option to accept or reject the movement of a seeded wrestler

- c. When needed, an unseeded wrestler will be drawn to ensure an even distribution of paired quarter-brackets and half-brackets.
8. Every wrestler shall have an equal opportunity to draw for a bye.\
9. Seeding criteria:
 - a. Head to head. In case of an even split, the last meeting shall take precedence. If odd number of matches, most wins determines seeding.
 - b. Common opponents
 - c. Last year's post-season placement at State(1), Regionals(2)
 - d. Coaches' vote
 - e. Coin flip.

Coaches: Please email commissioner your contact info.

Remember to post rosters, and game results on tricoathletics.com as soon as possible.