



2020 All-League Wrestling



BOYS FIRST TEAM

Name	School	Weight	Year
Steven Zaragoza	North Central	106	Junior
Jason Franklin	University	106	Senior
Jarret Sharp	Mt. Spokane	113	Senior
Zach Lopez	Shadle Park	120	Soph
Luke Grisafi	Central Valley	120	Senior
Kenndyl Mobley	North Central	126	Soph
Q'Veli Quintanilla	Gonzaga Prep	126	Fresh
Hudson Buth	Mt. Spokane	132	Fresh
Ryan Clark	Mead	132	Soph
Riley Buth	Mt. Spokane	138	Junior
Casey Howerton	Mt. Spokane	152	Junior
Kyler Anstrom	University	152	Junior
Connor Larsen	University	160	Junior
Juan Escobar	Shadle Park	170	Junior
Jordan Munir	Lewis & Clark	170	Senior
Carter Miethe	Mt. Spokane	182	Junior
Jake Davis	Ferris	195	Senior
Elijah McCann	Ferris	220	Senior
Trace Franks	Mead	285	Senior



BOYS SECOND TEAM

Name	School	Weight	Year
Ashton Dunn	Shadle Park	106	Soph
Tyler Walker	University	113	Soph
Jacob Carr	Mt. Spokane	120	Senior
Mateo Escobar	Shadle Park	132	Fresh
Cash Ruegsegger	Mt. Spokane	138	Junior
Johnny Mason	Mead	138	Soph
Matthew Alexander	University	145	Junior
Ben Mitchell	Mead	145	Junior
Colby Grosse	Mead	145	Senior
Evan Preuninger	Mead	152	Senior
Garrett Terrill	Mead	170	Senior
Nathan Boldiszar	University	182	Junior
Jaden Rice	Rogers	182	Junior
Bryce Tellinghusen	University	182	Junior
JT Connors	Mead	182	Soph
Ashton Thorne	Mead	220	Senior
Tyler Cook	Mead	220	Senior
Tyler Dallas	Mt. Spokane	220	Senior
Collin Mercer	Central Valley	285	Senior

4A Wrestler of the Year

Chase Randall, Mead
Braxton Mikesell, Central Valley

3A Wrestler of the Year

Ky Haney, Mt. Spokane

4A Coach of the Year

Phil McLean, Mead

4A Assistant Coach of the Year

Jeremy Richardson, Lewis & Clark

3A Coach of the Year

Travis Hughes, Mt. Spokane

3A Assistant Coach of the Year

Matt Miethe, Rogers

Middle School Coach of the Year

Tony Umbach, Northwood MS



GIRLS FIRST TEAM

Name	School	Weight	Year
Kelsey Loeun	Mead	110	Soph
Kendra Perez	North Central	115	Fresh
Alicia Stewart	Shadle Park	130	Senior
Kilee Callaghan	North Central	135	Fresh
Abby Piper	North Central	140	Fresh



GIRLS SECOND TEAM

Name	School	Weight	Year
Ellabelle Taylor	Rogers	100	Fresh
Autumn Grove	Rogers	130	Senior

CONTACT: John Barrington
Mead HS Athletic Director

E-MAIL: john.barrington@mead354.org