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FOR IMMEDIATE RELEASE

2019 All-League Wrestling



BOYS FIRST TEAM

Name	School	Weight	Year
Kenndyl Mobley	North Central	106	Fresh
Jarret Sharp	Mt. Spokane	113	Junior
Ryan Clark	Mead	120	Fresh
Drew Roberts	University	126	Soph
Clayton Gilliam	North Central	126	Senior
Ky Haney	Mt. Spokane	132	Soph
Casey Howerton	Mt. Spokane	138	Soph
Klouse Albers	Shadle Park	145	Senior
Kadin Shaw	North Central	152	Senior
Cameron Crawford	Mead	160	Senior
Tre Phillips	Rogers	170	Senior
Zack Stratton	Central Valley	170	Senior
Mason Miethe	Mt. Spokane	182	Senior
Cade Byus	Central Valley	195	Senior
Ben Voigtlaender	Mead	220	Junior
Braxton Mikesell	Central Valley	285	Junior
Joshua Guzik	Rogers	285	Senior
Darius Johnson	Gonzaga Prep	285	Senior



BOYS SECOND TEAM

Name	School	Weight	Year
Jason Franklin	University	106	Junior
Steven Zaragoza	North Central	106	Soph
Johnny Mason	Mead	113	Fresh
Zachary Lopez	Shadle Park	113	Fresh
Jacob Carr	Mt. Spokane	113	Junior
Isaiah Prado	North Central	120	Soph
Josh Anastasi	Ferris	126	Senior
Riley Buth	Mt. Spokane	126	Soph
Cam Domke	University	132	Senior
Matt McGuire	Rogers	132	Senior
Anthony Urbancic	Ferris	138	Senior
Blake Tellinghusen	University	145	Senior
Zach Clark	Mt. Spokane	145	Senior
Kyler Anstrom	University	152	Soph
Carter Miethe	Mt. Spokane	152	Soph
Drew House	Mt. Spokane	160	Junior
Chris Homen	Ferris	160	Senior
Isaiah Saldana	Mead	170	Senior
Issiah Berluti	Shadle Park	170	Senior
Jake Davis	Ferris	182	Junior
Grayson Bowles	Mt. Spokane	182	Senior
Nick Dallas	Mt. Spokane	195	Junior
Carson Duncan	Lewis & Clark	195	Senior
Tyler Dallas	Mt. Spokane	220	Junior
Trace Franks	Mead	220	Junior
Vadim Bobrovnikov	Rogers	220	Senior

4A Wrestler of the Year

Chase Tebbets, Mead

3A Wrestler of the Year

Blake Haney, Mt. Spokane

4A Coach of the Year

Danny Pearson, Gonzaga Prep

4A Assistant Coaches of the Year

Jeremy Richardson, Lewis & Clark

Dave Vaughn, Mead

3A Coach of the Year

Travis Hughes, Mt. Spokane

3A Assistant Coach of the Year

Jamie Tamura, Rogers

Middle School Coach of the Year

Jason Conley, Mountainside MS



GIRLS FIRST TEAM

Name	School	Weight	Year
Alicia Stewart	Shadle Park	130	Junior



GIRLS SECOND TEAM

Name	School	Weight	Year
Kelsey Loewn	Mead	115	Fresh
Shelby Menga	Central Valley	155	Soph
Josette Chastain	Shadle Park	235	Senior