

SPSL Pitch Count Guidelines



1. Pitcher limitation shall be determined by WIAA rule 29.5.0.
 - a. Every legal and illegal pitch thrown from the pitching mound to a batter shall count as a pitch. This includes all foul balls and base hits. Throws from the pitching mound toward a base to put out a runner shall not count. If the umpire calls “time” or “no pitch” while the pitcher is in the wind up, the pitch shall NOT count.
 - b. The pitching limitation applies to all regular season and post-season games, as well as to tied, suspended, discontinued or protested games.
 - c. There will be an adult associated with the home team (non-coach) keeping track of official pitch counts—who will not also be keeping score—for all varsity home games. For sub-varsity games, an adult is preferred, but a student or player may count pitches.
 - d. Coaches will type or legibly hand-write first and last names, along with jersey numbers, on a lineup card and give it to the official, home, pitch counter.
 - e. Umpires are not responsible for any aspect of the pitch count rule and will not help to settle discrepancies.
 - f. Score keepers from both teams are strongly encouraged to compare pitch counts after each inning and settle discrepancies prior to the beginning of the next inning. The home pitch counter shall be the official recorder of pitch counts.
 - g. The home team pitch counter will notify each coach when their pitcher reaches 100 pitches. This alerts the coach that the pitcher is nearing the 105-pitch limit.
 - h. Each coach shall report the number of pitches thrown by their own pitchers by 12:00 PM the day following a contest through the WPAN website.
 - i. A link to the reporting tool is found on the Baseball page on the SPSL website.
 - ii. Coaches will log into the website to find the reporting tool.
 - iii. Input level of game, opponent, date, names of all pitchers used in the game, number of pitches thrown by each pitcher of your team
 - iv. Another link will allow all coaches to view the number of pitches thrown by each pitcher on every team.
 - i. Pitch counts will be recorded for all Varsity, Junior Varsity, and C-team games.
 - j. Table of pitches thrown and rest required:
 - i. 76-105 pitches 3 calendar days rest
 - ii. 51-75 pitches 2 calendar days rest
 - iii. 31-50 pitches 1 calendar day rest
 - iv. 1-30 pitches 0 calendar days rest
 - k. Using an ineligible pitcher shall result in a forfeiture of the game in which the athlete was ineligible and other consequences as determined by the school, league, and/or the WIAA.