

RULES AND REGULATIONS
GOVERNING INTERSCHOLASTIC
ATHLETICS ACTIVITIES

*South
Sound
Conference*



SENIOR HIGH SCHOOLS

MEMBERS OF:

- WEST CENTRAL DISTRICT III
- WASHINGTON INTERSCHOLASTIC ACTIVITIES ASSOCIATION

2021-2022 September 2021

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BOARD OF CONTROL

President (Principals): Dr. Joe Potts, Peninsula
Chairman (ADs): Bob Werner, Gig Harbor
Secretary-Treasurer: Justin Brien, Central Kitsap
District 3 Board: Bob Werner, Gig Harbor
Steve Taylor, Capital

CONFERENCE ADMINISTRATORS

(PRINCIPALS)

Capital	Rosemarie Burke
Central Kitsap	Craig Johnson
Gig Harbor	Michele Suiter
North Thurston	Nick Greenwell
Peninsula	Dr. Joe Potts
River Ridge	Serenity Malloy
Timberline	Paul Dean
Yelm	Curtis Cleveringa

ATHLETIC DIRECTORS AND SPORTS RESPONSIBILITIES

<u>School</u>	<u>Ath. Director</u>	<u>Sports</u>
Capital	Steve Taylor	Girls/Boys Swimming
Central Kitsap	Bill Baxter	Boys/Girls Basketball Baseball
Gig Harbor	Bob Werner	Girls Soccer Softball
North Thurston	Stephen Coker	Cross Country Track
Peninsula	Ross Filkins	Football Boys Soccer
River Ridge	Jami Gore	Bowling Boys/Girls Golf
Timberline	Mike Tafoya	Boys/Girls Tennis
Yelm	Rob Hill	Volleyball Wrestling

Activities Coordinators:

School	Activity Coordinator	Email Address	Phone Number
Capital	Angel Elam	aelam@osd.wednet.edu	360-596-8167
Central Kitsap	Daniel Sullivan	daniels@ckschools.org	360-662-2528
Gig Harbor	Dave Millard	imillard@PSD401.net	253-530-1478
North Thurston	Ronna Reed	rreed@nthurston.k12.wa.us	360-412-4800
Peninsula	Danielle O'Leary	olearyd@psd401.net	253-530-4552
River Ridge	Shannon Strozyk	sstrozyk@nthurston.k12.wa.us	360-412-4820 ext. 42843
Timberline	Beth Belisle	bbelisle@nthurston.k12.wa.us	360-999-6620
Yelm	Amy Stapelton	Amy_Stapelton@ycs.wednet.edu	847-899-7052

Capital

Colors: Cardinal Red, Gold & Black
 Mascot: Cougars
 2707 Conger Ave NW
 Olympia, WA 98502
 Phone: 360-596-8000
 Fax: 360-596-8001
 Principal: Rosemarie Burke
rburke@osd.wednet.edu
 Cell: 360-300-7052
 Office Mgr.: Kathy Cognasso
kcognasso@osd.wednet.edu
 Phone: 360-596-8073
 Athletic Director: Steve Taylor
staylor@osd.wednet.edu
 Phone: 360-596-8070
 Cell: 360-688-8379/360-239-5122

Central Kitsap

Colors: Orange & Black
 Mascot: Cougars
 PO Box 8
 10140 Frontier PL NW
 Silverdale, WA 98383
 Phone: 360-662-2400
 Fax: 360-662-2401
 Principal: Craig Johnson
craigj@ckschools.org
 Cell: 360-731-6326
 Office Mgr.: Susan Hicks
susanh@ckschools.org
 Phone: 360-662-2406
 ASB/Athletic Sec. Lori Cenicola
lorice@ckschools.org
 Phone: 360-662-2406
 Athletic Director: Bill Baxter
billb@ckschools.org
 Phone: 360-662-2541
 Cell: 360-509-8004
 Fax: 360-662-2409

Gig Harbor

Colors: Navy, Columbia & White
 Mascot: Tides
 5101 Rosedale Street
 Gig Harbor, WA 98335-1899
 Phone: 253-530-1400
 Fax: 253-530-1420
 Principal: Michele Suiter
suiterm@psd401.net
 Phone: 253-530-1401
 Cell:
 Admin Asst.: Kelly Jackson
jacksonkn@psd401.net
 Phone: 253-530-1404
 Athletic Director: Bob Werner
wernerr@psd401.net
 Phone: 253-530-1407
 Cell: 253-370-1673

North Thurston

Colors: Purple & White
 Mascot: Rams
 600 NE Sleater Kinney Rd
 Lacey WA 98506
 Phone: 360-412-4800
 Fax: 360-412-4819
 Principal: Nick Greenwell
ngreenwell@nthurston.k12.wa.us
 Office: 360-412-4802
 Cell: 360-888-6598
 Admin Asst: April Graff
 Phone: 360-412-4805
 Athletic Sec.: Karly Enlow
kenlow@nthurston.k12.wa.us
 Phone: 360-412-4806
 Athletic Director: Stephen Coker
scoker@nthurston.k12.wa.us
 Phone: 360-412-4809
 Cell: 360-628-4280

Peninsula

Colors: Green & White
 Mascot: Seahawks
 14105 Purdy Dr NW
 Gig Harbor, WA 98332
 Phone: 253-530-4400
 Fax: 253-530-4420
 Principal: Dr. Joe Potts
pottsj@psd401.net
 Phone: 253-530-4401
 Cell: 319-594-6096
 Athletic Asst.: Angie Wehmeier
wehmeiere@psd401.net
 Phone: 253-530-4411
 Athletic Director: Ross Filkins
filkinsr@psd401.net
 Phone: 253-530-4410
 Cell: 253-318-1693

River Ridge

Colors: Navy, Silver, White
 Mascot: Hawks
 350 River Ridge Dr SE
 Olympia, WA 98513
 Phone: 360-412-4820
 Fax: 360-412-4839
 Principal: Serenity Malloy
smalloy@nthurston.k12.wa.us
 Office: 360-412-4820
 Cell: 253-307-6481
 Office Mgr.: Rachel Niemeyer
 Phone: 360-412-4835
 Athletic Director: Jami Gore
jgore@nthurston.k12.wa.us
 Phone: 360-412-4834
 Cell: 360-464-7532
 Fax: 360-412-4839
 Athletics Sec.: Stephanie Storvik
ssstorvik@nthurston.k12.wa.us
 Phone: 360-432-2124

Timberline

Colors: Green & Gold
 Mascot: Blazers
 6120 Mullen Rd Se
 Lacey, WA 98503
 Phone: 360-412-4860
 Fax: 360-412-4879
 Principal: Paul Dean
pdean@nthurston.k12.wa.us
 Office: 360-412-4865
 Cell: 360-561-2793
 Admin Asst.: Gina Rabung
grabung@nthurston.k12.wa.us
 Phone: 360-412-4862
 Office Professional: Stephanie Storvik
ssstorvik@nthurston.k2.wa.us
 Phone: 360-412-4870
 Cell: 509-863-3884
 Athletic Director: Mike Tafoya
mtafoya@nthurston.k12.wa.us
 Phone: 360-412-4860 x43411
 Cell: 360-764-0292

Yelm

Colors: Red & Black
 Mascot: Tornados
 1315 Yelm Ave. W
 Yelm, WA 98597
 Phone: 360-458-7747
 Fax: 360-458-6198
 Principal: Curtis Cleveringa
curtis_cleveringa@ycs.wednet.edu
 Office: 360-458-6212
 Cell: 360-915-3409
 Office Professional: Debbie McLean
dmclean@ycs.wednet.edu
 Phone: 360-458-6212
 Athletic Director: Rob Hill
robert_hill@ycs.wednet.edu
 Phone: 360-458-6110
 Cell: 253-318-5984
 Athletic Sec.: Ashley Ellis
ashley_ellis@ycs.wednet.edu
 Phone: 360-458-6205

1. **Central Kitsap School District**
2. **North Thurston Public Schools**
3. **Olympia School District**
4. **Peninsula School District**
5. **Yelm Community Schools**

South Sound Conference

P.O. Box 2583
 Bremerton, WA 98310

Secretary/Treasurer:

Justin Brien
justinbrien@hotmail.com
 Cell: 360-265-7930

NOTICE: Emergency orders issued by the Washington State government, the Washington State Office of the Superintendent of Schools or the Washington Interscholastic Activities Association will pre-empt all aspects of the SSC Handbook and the SSC reserves the right to alter seasons, guidelines, processes/procedures and rules incorporated in this handbook.

ARTICLE I - NAME

The name of this organization shall be the South Sound Conference.

ARTICLE II - PURPOSE OR OBJECT

1. To approve, develop and direct interscholastic activities for students of member schools and to insure their protection against exploitation by special interest groups.
2. To stress an appreciation of the cultural values and the skills involved in all activities.
3. To promote a balance of academic, social athletic and other co-curricular experiences which meet the generally accepted aims of American education.
4. To promote good fellowship and sportsmanship among the schools of the Conference.

ARTICLE III - MEMBERSHIP

Membership in this association shall consist of the senior high schools: Capital, Central Kitsap, Gig Harbor, Peninsula, North Thurston, Shelton, Timberline and Yelm.

ARTICLE IV - PROGRAM

This organization shall maintain and conduct a program of interscholastic amateur sports competition and promote and preserve a wholesome atmosphere of sportsmanship among its member schools.

ARTICLE V - LEGISLATION

SECTION 1

Officers: The offices will consist of a President (South Sound Conference Principal), Chairman (A current SSC AD; 3-year term), and a Secretary/Treasurer (appointed by the SSC ADs). The Chairman will act as the SSC athletic directors' chairperson.

SECTION 2

Origin: Rules and regulations for the conduct of the affairs of this association, and its bylaws shall originate either (a) as a proposal or recommendation made by a majority vote of the athletic directors of the member schools and ratified by a majority of the principals or their designate, of the member schools; or (b) from direct action of the principals, a majority concurring. Voting at these meetings shall be by schools with each school casting one vote.

Principals' / Athletic Directors' Meetings

Athletic directors' meetings will be held once per month (generally on the second Monday of each month) or as agreed upon by the membership. Principals meet every other month beginning in September. The president may call special principals' meetings, or the chairman may call special athletic directors' meetings, provided that all member schools have been notified of the meeting and of the subject for consideration. Special meetings may occur via remote conference format and/or through discussion and vote by e-mail, depending on urgency of matters and availability of members. The Secretary/Treasurer of the SSC Athletic Directors will attend the SSC Principals' meetings.

ARTICLE VI – PROTESTS, SANCTIONS & APPEALS

SECTION 1 – Protests

1. The SSC shall follow the WIAA Handbook (26.0.0 – pg. 54-55)

SECTION 2 – Violations/Self Reports

1. Conference expectations are that all participants know and comply with South Sound Conference and Washington Interscholastic Activities Association (WIAA) policies and practices. All violations and the corrective action taken shall be reported in writing to the South Sound Conference athletic directors.
2. Enforcement will be the responsibility of the individual school and/or district. A full report of the action(s) taken will be submitted in writing to the South Sound Conference.
3. The athletic directors will determine whether or not the action or sanctions, if any, taken by the individual school or district are appropriate.
4. The athletic directors may accept the action or sanction(s) of the individual school or district, or they may impose additional or alternative sanctions.
5. The athletic directors will submit their decision to the individual school or district and to the South Sound Conference Principals President.
6. Violations must be reported within 5 school days, or as expediently as possible upon discovery.

SECTION 3 – Sanctions (WIAA Guidelines)

1. Team Sanctions

- A. Probation (team or school) is defined as being given official notice that the Conference will impose one of the other sanctions should a school fail to correct South Sound Conference or WIAA violations or implement South Sound Conference recommendations. Continued violations by an SSC program while under probation will be addressed by using the WIAA violations/penalties chart in the current WIAA Handbook.
- B. Restriction. As a condition of probationary status, the South Sound Conference athletic directors may take action that would restrict team participation in Conference, District or State level activities.
- C. Forfeit game(s) or contest(s).
- D. Declaration of ineligibility for Conference championship.
- E. Declaration of ineligibility for post-season competition.
- F. Expulsion from the Conference.

2. Individual Sanctions

- A. Probation can be imposed upon athletic personnel of the individual Conference member schools. As a condition of probationary status, the individual school or Conference may impose restriction should the individual fail to correct South Sound Conference or WIAA violations or implement South Sound Conference recommendations.
- B. Restriction. As a condition of probationary status, the South Sound Conference athletic directors may take action that would restrict individual athletic personnel from participation in Conference, District or State level activities.

Section 4 - Appeals

1. Any appeal of the decision of the South Sound Conference athletic directors will be referred to SSC Principals.
2. The appeal will be heard at the next scheduled meeting of the South Sound Conference Principals or after consulting with the athletic directors' chairperson, a special meeting may be called.
3. A written decision by the South Sound Conference Principals' will be provided to the appealing school within five (5) school days of the appeal hearing.
4. Any appeal of the South Sound Conference Principals' decision should follow the procedures as defined in the Washington Interscholastic Activities Association (WIAA) Handbook.
5. The vote for suspension and expulsion must be 5 out of the 7 schools: offending school cannot vote.

ARTICLE VII - AMENDMENTS

Section I - Constitutional Amendments

1. A proposal to amend this constitution may originate either from majority vote of the South Sound Conference Principals' or from a majority vote of the South Sound Conference athletic directors'. In either case, the Conference, at its next regular meeting following the introduction of such a proposal shall act upon it. A simple majority of the South Sound Conference Principals, or Designees, shall be necessary for its ramification. Each school will cast one vote.
2. Amendments shall become effective immediately or at the discretion of the principals.

GENERAL PROVISIONS

ARTICLE I – DUES

The amount of the membership dues for South Sound Conference schools for the ensuing year shall be determined by a majority vote of the schools at their first meeting of the year. New members to the Conference will be charged a fee using the following table in addition to the yearly dues.

1. Never been a member. \$750.00
2. Previous member, away from the South Sound Conference for more than eight (8) years. 75% of yearly fee.
3. Previous member, away from the South Sound Conference for five (5) to seven (7) years. 50% of yearly fee.
4. Previous member, away from the South Sound Conference for one (1) to four (4) years. 25% of yearly fee.

ARTICLE II – PASSES

1. The South Sound Conference Secretary will print and issue passes, each of which entitles two (2) supervisors to attend any activity at which a member is host.
2. Each high school shall receive seventy-five (75) passes for school personnel. Each district shall provide passes for each middle level school in their service area, plus five (5) for the board, plus four (4) for the Superintendent and one (1) for the District Athletic Director. Passes will be used primarily for school supervision and scouting by coaches.
3. Conference passes will not be honored at Conference tournaments and playoffs.

ARTICLE III – PERMANENT PASSES

1. Those eligible for permanent passes will be the high school coaches, principals, and athletic directors as well as district athletic directors and superintendents who have worked a minimum of ten (10) years in such positions in the South Sound Conference and who have retired from education.
2. South Sound Conference passes shall be distributed by the Conference Secretary.
3. Nominations for the honor of having a permanent pass are to be made and granted by the principals and the athletic directors of the South Sound Conference.

ARTICLE IV – OTHER PASSES

1. Activity Card – The price is established by each school and is for students only. It will admit bearer to all of his/her school's home athletic contests and for a reduced or free admission to away contests.
2. Cheerleaders – Cheerleaders and song leaders in uniform will be admitted free to athletic contests in which their school is participating.

ARTICLE V – TICKETS AND ADMISSION

1. Playing squads and managers shall be admitted to contests on coaches' authorization.
2. Prices for South Sound Conference contests shall be reviewed annually by the Conference principals /athletic directors and published on cards for distribution to schools. (See sample p.55).
3. The South Sound Conference schools will honor each other's golden age senior citizen cards for free admission to South Sound Conference athletic events, both home and away.

ARTICLE VI – ELIGIBILITY OF PARTICIPANTS

1. In matters of eligibility, the Conference will abide by the Washington Interscholastic Activities Association (WIAA) regulation current in the handbook and each school district's supplementary requirements.
2. Each school of this organization is responsible for the eligibility of its own students involved in the interscholastic athletic program. Schools have responsibility to report possible eligibility infractions or

violations of association rules and regulations to the principal of the school involved at the earliest possible date for his/her investigation and response to the notifying school.

3. Eligibility lists shall be maintained on file by each principal and or athletic director of the South Sound Conference schools.

ARTICLE VII – CODE OF ETHICS/STUDENT CONDUCT

Code of Ethics

The South Sound Conference is committed to a strong athletic program for all of its students. A fundamental aspect of this strength lies within the values taught and stressed in that program. All schools have a duty to instruct responsible behavior and sportsmanship to all persons connected with interscholastic sports activities.

Schools are further charged with the responsibility of establishing procedures to ensure that these values are taught. While the schools have less control over spectators, each school is to be held accountable for informing the spectators of these values and their adherence to them.

Game Supervision

South Sound Conference administrators/designees will be in attendance at the following athletic events to provide supervision of their students/fans and assist game management as needed: all varsity football games home and away; all varsity boys' basketball games home and away; all varsity volleyball and girls' basketball home games; all boys' and girls' varsity soccer home games.

Administrators/designees attending away games **must** make contact with the home school's administration/game management upon arrival.

Administrators/designees will remain at the event until it is confirmed with the home event management that supervision is no longer needed.

Athletic directors can be designated as "administrators" for the purpose of supervision coverage as needed.

Student Conduct

1. Bands may perform at home games. Bands will not perform at away games except by special invitation. Good sportsmanship, by all, is our goal. Bands can contribute to that goal by adhering to the following:
 - A. Bands are to play only during time-outs, dead ball situations and between periods, but continue to take part throughout the entire contest.
 - B. Band instruments, including drums, are to be used for playing music and not as noisemakers.
 - C. If amplifiers are used, they must be at a level so that announcers and cheerleaders can perform their responsibilities. Game management is authorized to control the volume.
2. The schools of the South Sound Conference prohibit noisemakers and the discharge of confetti at all athletic contests.
 - A. Cheerleaders are allowed to use megaphones in an organized cheer for outdoor contests only.
 - B. School banners and welcome signs are the only signs permitted at events. Other signs permitted only if approved by the athletic director and/or gym supervisor.
 - C. Student body must keep their shirts on during all contests.
 - D. Seating on the first row of bleachers in an SSC gymnasium is prohibited. Schools will follow the "no feet on the floor" expectation.
3. Half-time presentations must be discreet and non-offensive to the opposing school.
4. Tunnels consisting of cheerleaders, drill/dance teams and bands are only allowed at South Sound Conference football games but cannot encroach onto playing surface.
5. Visiting student rooting sections will be designated by the home management staff at all Conference contests.

Use of Music at South Sound Conference Athletic Events

Only the home school may have a band or amplified music at regular South Sound Conference athletic events. Both home and visiting bands may perform at playoff games. Amplified recorded music is not allowed by either team if played at a neutral site.

ARTICLE VIII – CODE OF ETHICS/CONDUCT VIOLATIONS INVOLVING SCHOOLS/STUDENTS

Individual Behavior (See p.20 of this Handbook for SSC Student & Spectator behavior expectations)

1. Individuals who verbally or symbolically express fighting words, abusive language, prurient language, racist language, or language that demeans an opponent, their culture or diversity, at an interscholastic activity shall be immediately removed from the facility by the home team's game management after appropriate consultation with the visiting team's supervisor.
2. An individual who is removed a second time for the aforementioned conduct during any season from an interscholastic activity shall be banned for the remainder of that next season in all sports. However, there are behaviors that are so offensive that an offending student will be banned for the remainder of the season after a singular event. This includes but is not limited to sexual and racist remarks.
3. Individual sports may impose additional disciplinary procedures pursuant to their own student codes of conduct if the offending person is a student.

Group Behavior

1. Game management has a duty and must make a reasonable effort to stop groups from continuing to verbally or symbolically express fighting words, abusive language, prurient language racist language that demeans an opponent, their culture or diversity. A reasonable effort includes a member of game management correcting the group, a public address announcement; removal of an individual or individuals; game stoppage; or ending the contest. It is recognized, however, that some behaviors are so offensive that as a result an offending group may be removed and banned for the remainder of the season after a singular incident. (A group is defined as two or more persons gathered together and forming a recognizable unit, cluster or aggregation).
2. Furthermore, failure to put forth a reasonable effort to stop the aforementioned behavior may result in a warning, a reprimand, or the negligent school being placed on probation by decision of the South Sound Conference Principals in consultation with the South Sound Conference athletic directors.
3. If there is a **second** group violation, the South Sound Conference shall have the offending school forfeit said game as well as any consequences outlined in the probationary letter. This is authorized under **WIAA regulation 25.5.2**.
4. If there is a **third** group violation in a two-year period, the South Sound Conference shall have the offending school forfeit said season as well as any consequences outlined in the probationary letter.

Due Process

The South Sound Conference shall follow the process described in WIAA Rule 27.2.0:

1. Schools have the responsibility to report possible school violations in writing to the principal or designee of the school involved at the earliest possible date for the principals' investigation and response to the notifying school.
2. The principal of the school involved in the alleged violation shall reply to the notifying school within five (5) school business days of the investigation.
3. Copies of the investigating report excluding student names, including action taken, shall be sent to the Conference as well as notifying the school's principal, and copies to the principal involved.
4. After five (5) school business days of receipt of the notice of the alleged violation and conferring with the school involved, the Conference president or designee will decide if the matter is appropriately settled or should the Conference principals be called together to hear the matter further. The Conference principals' decision is final and binding. Appeals at this point would be made to the WIAA.

ARTICLE IX – AWARDS

1. A standard four to six-inch block letter shall be the official award for South Sound Conference athletic activities in the Conference schools. All other activities letter awards must be of some other design and/or dimensions.
2. A standard South Sound Conference trophy or plaque, purchased by the winning school, will be awarded to the Conference champion or co-champions.
3. Team trophies may be awarded at invitational and sub-district events that involve South Sound Conference members and include four or more teams.
4. Medal for 1st place and Ribbons for 2nd thru 4th place may be awarded at non-qualifier meets, invitational, conference and sub-district meets or matches.
5. Only South Sound Conference schools are eligible for the Conference championship (trophy) in Conference activities. Non-member schools may be permitted to compete in the Conference schedule against member schools, but they are ineligible for Conference championships or awards.
6. An “All Conference Sports Recognition,” will be awarded by the Conference at the end of the year. Points will be based on schools overall Conference standing. Each school will be awarded points based upon their finish. Each sport must have a majority of the schools participating and those schools not participating will have a score of zero (0) for that sport. In case of ties, teams will split points.
7. At the end of each season, each school may nominate one senior male and one senior female to be considered for the “South Sound Conference Scholar Athlete Award.” A selection committee will be determined by the South Sound Conference principals.

ARTICLE X – REGULATIONS FOR CONTROL AND ADDITION OF SPORTS/ACTIVITIES

1. Sports activities recognized by the Washington Interscholastic Activities Association will be considered for possible inclusion as South Sound Conference authorized activities.
2. South Sound Conference schools are members of the Washington Interscholastic Activities Association.
 - A. All sports must conform to Washington Interscholastic Activities Association rules and regulations.
 - B. When a majority of South Sound Conference schools participate in a particular sport, that sport shall become an authorized Conference activity. Individual schools shall join the South Sound Conference and conform to its schedules and regulations.
3. When considering new South Sound Conference sports activities, the Conference recommends no more than one (1) new activity should be added in each school year.

ARTICLE XI – AUTHORIZED SPORTS

Authorized South Sound Conference sports include:

Baseball	Boys
Basketball	Boys/Girls
Bowling	Girls
Cross Country	Boys/Girls
Softball	Girls
Football	Boys
Golf	Boys/Girls
Gymnastics	Girls
Soccer	Boys/Girls
Swimming & Diving	Boys/Girls
Tennis	Boys/Girls
Track & Field	Boys/Girls
Volleyball	Girls
Wrestling	Boys/Girls

ARTICLE XII-- REQUESTING MEMBERSHIP INTO THE SSC

1. Complete the SSC Membership Request Form (SCC HANDBOOK PGS. 54-56) and submit to:

South Sound Conference

Attn: Secretary/Treasurer

PO Box 2583

Bremerton, WA 98310

2. All applications for membership to the SSC must be made on or before December 1 for admission to the SSC for the following school year (Example: 12/1/2021 for admission in the 2022-2023 school year). At the discretion of the SSC Principals, the deadline can be extended when unique situations outside the control of the school requesting membership arise. Without that extension the SSC Principals any request made after the December 1 deadline will not be considered.
3. Athletic Directors of the SSC may request attendance at an SSC AD meeting by the school seeking membership to answer questions about their submission
4. Recommendation by the Athletic Directors of the SSC to the Principals of the SSC to accept or deny membership
5. Principals of the SSC vote to accept or deny membership into the conference
6. School seeking membership will be notified in writing of acceptance or denial.
7. Once accepted to the league, a new school will be charged a one-time admission fee as determined by the league and as noted in the SSC handbook.

Criteria for SSC membership consideration:

1. School enrollment (current and projected)
2. Athletic Program Offerings (sports, levels, philosophy)
3. District/Community issues (travel/proximity, Rivalries, community connection)
4. Conference Issues (balance, scheduling, facility, post-season allocation, willingness to accept leadership roles, host sites)

Scheduled Contests

1. South Sound Conference varsity contests may not be changed by competing schools once schedules are finalized unless mutually agreed upon by both schools and cleared with both the building athletic directors. In the event both schools don't agree, the requesting school may submit the request to the Conference Chairman for immediate review. The Chairman will poll the Conference Secretary and the Commissioner of the sport. Other athletic directors may be contacted in the event of unavailability or to prevent a conflict of interest. A request for change of a scheduled contest may also be requested at a regularly scheduled meeting athletic directors' meeting or be appealed to the Principals.
2. If a school cannot begin their season at the South Sound Conference starting date, the school forfeits the contest or contests that were missed. Unless the opposing school mutually agrees to reschedule the game(s).

Make-Up Games

1. All make-up games must be completed prior to the end of the regular South Sound Conference schedule.
2. The commissioner of the sport will be empowered to schedule Conference contests after the season if unforeseen circumstances warrant this action.

Officials

1. The selection of officials should be made from the local assigning organizations and shall follow WIAA regulations when applicable.
2. Exceptions to this rule can be found under individual sports.

Sports Commissioners

1. The athletic directors shall appoint a commissioner for each sport to interpret South Sound Conference rules, settle ties, playoff sites and times as needed, and direct rescheduling of make-up games. Interpretations of the commissioner shall not change or alter handbook rules.
2. The commissioner or designee for each sport is to be in attendance or available by phone at all South Sound Conference playoffs and tournaments involving the sport for which he/she is responsible. A participating coach may be a meet manager but may not be the designee.

Games Committee

A "games committee" will be formed for the purpose of ruling on ejections when the next scheduled game date is within two days of the ejection in question. The "games committee" will consist of: the head official of the game in question, the SSC sport commissioner of the involved sport as long as the commissioner is not a coach of that sport; the SSC Secretary; SSC AD per the card draw rotation for that season.

POST SEASON TOURNAMENTS AND PLAYOFFS**Criteria for Settling Ties**

1. Conference Championship determination:
 - A. Conference record ties are broken by Head-to-Head/Mini-Series (Step 2 below).
 - B. If Step 2 doesn't break the tie teams will be declared co-champions.
2. Post season entry and seeding will be determined by the following criteria:
Step 1: Conference record
Step 2: Head-to-head results (two teams tied) or Mini-Series (three or more teams tied)
Step 3: Power Ranking
Step 4: Sports-specific tie-breaker
Step 5: Number Draw

Steps including Power Rankings, Sport-Specific Tie-Breakers and Number Draw will only be used to determine seeding among teams that are eligible to advance to the post-season. They will not be used to eliminate a team from the playoffs with the exception of football (see Football sport-specific tie-breaker p. 32-34). If there are more than two teams tied for fewer advancing playoff berths than there are tied teams the mini-series process (Step 3 below) will be used. If still tied the remaining steps to determine seeding will be followed with the potential of a tie-breaking game being necessary (except for football).

Step 1: Conference Records will be used to determine placing of teams in the SSC standings.

Step 2: If two teams are tied for a place in the SSC standings, the Head-to-Head tie-breaker process will be used; if three or more teams are tied for a place(s), then the Mini-Series process will be used.

Head to Head – If two teams complete the SSC portion of their season with identical SSC records, then head-to-head SSC records are compared. This step will decide ties in sports where teams play each other one time in the regular SSC season. In sports where SSC teams play each other twice, a sweep by one team will break the tie for that team; if the teams split during the SSC schedule, the teams remain tied and will proceed with steps in the SSC tie-breaking process.

Mini Series – If three or more teams complete the SSC section of their seasons with identical conference records, then a Mini-Series comparison of SSC records among the tied teams will be conducted. Teams who sweep others in the Mini-Series will have the advantage. Teams which remain tied after the Mini-Series will proceed with steps in the SSC tie-breaking process.

Should a tie for first place still exist after Step 2 (above), then the tied teams will be considered Co-Champions of the SSC for that season.

Should there still be a tie among teams that are **ALL** eligible to advance to the post-season, Steps 3-5 will be used only for seeding those tied post-season eligible teams. These steps will not eliminate a team (except in football; see sport specific tie-breaker p. 32-33). If after following Steps 3-5 a tie remains among more teams than there are remaining playoff spots, a tie-breaker game will be held to decide which team advances/ends season.

Step 3: Power Rankings (Example for an eight-team conference):

- 1st Place = 8 points
- 2nd Place = 7 points
- 3rd Place = 6 points
- 4th Place = 5 points
- 5th Place = 4 points
- 6th Place = 3 points
- 7th Place = 2 points
- 8th Place = 1 point

- If two or more teams are tied for a place, add points together and divide by the number of tied teams (example: teams tied for 3rd (6 pts.) and 4th (5 pts). 6+5=11 divide by 2 teams= 5.5 pts. For those places when doing power rankings).
- Teams earn the point values of the teams they defeat
- Higher point total receives the higher seed or higher advantage

Step 4: Sport Specific: Some sports have tie-breaker language unique to that sport. Refer to the sports-specific tie-breaker language in the SOP of the sport in question. A Sports-Specific tie-breakers does not replace the process order outlined on p.15, it defines the special tie-breaker for that sport. Every Sport has the same first three steps.

Step 5: Seasonal Card Draw: At the beginning of each sports season the SSC ADs will conduct a numbered card draw to determine tie-breaker rank of SSC schools for that season. The rank order of the draw will be recorded in the SSC AD Meeting minutes for that meeting.

	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>
Fall	RR	NT	CK	Pen	Yelm	Timb.	Cap	GH
Winter								
Spring								

Playoff at a neutral site

A playoff at a neutral site is required to break ties in the event the tie eliminates a team from post-season play (except for football).

Financing Conference Playoffs/Tournaments & Revenue Distribution

Schools hosting South Sound Conference playoffs or Conference tournaments shall send a financial statement to the South Sound Conference secretary. Expenses incurred shall come from gate receipts and/or entry fees. Any deficit will be paid by the South Sound Conference or prorated among the member schools. All profits are remitted to the South Sound Conference treasury.

All-Conference Teams

Beginning with the 2018-2019 SSC sports seasons, the following all-conference selection process will be followed by all SSC team sports (except as noted):

1. The number of players being recognized as “All-Conference” shall be no more than 50% of the number of conference starters for that sport (example: basketball uses five starters and has eight teams which totals 40 starters for SSC basketball. The 50% all-conference rule would mean that no more than 20 all-conference spots will be recognized).
2. Coaches will nominate from their teams based on the team’s final conference standing. The higher the team finishes in the standings, the more players that team will be able to nominate as all-conference (see chart). Teams are limited to these nominations; no additional add-ons will be allowed.
3. At the end-of-season coaches’ meeting for each team sport, coaches will vote to determine the level of recognition from the conference. Coaches nominate players from their own team, however, they vote only for players from the other teams. It is highly recommended that prior to voting each coach is allowed to speak about the player(s) they are nominating. Also, it is important that each school takes part in the voting process as every coach’s opinion helps place recognition appropriately for the other team’s players. Adjustments to any voting results will be made by the conference commissioner in the case that any school(s) fail to vote.
4. Levels of All-Conference recognition:
 - MVP or Specialty Awards** such as: Overall MVP; Defensive Plyer of the Year; Pitcher of the Year; or Lineman of the Year. These awards prevent players from being further recognized in any other level (exception: football offensive and defensive awards noted in the “football specific” section which follows).
 - FIRST TEAM:** Recognizes the top players in the conference. The number of First Team members should be limited to or based on the number of starters in the specific team sport.
 - SECOND TEAM:** Next tier level of players. The number of Second Team members should also be limited or based on the number of starters in the specific team sport.
 - HONORABLE MENTION:** Third tier recognition. This will be the largest pool of players representing all players nominated but not getting enough votes to be placed on one of the previous levels.

5. Breakdown of nominations for team sports in an eight-team conference:

	FALL			WINTER		SPRING		
	FB	VB	GSC	BBkB	GBkB	BsB	SB	BSC
# Starters	176	48	88	40	40	80	80	88
50%	88	24	44	20	20	40	40	44
MVP/special	4	2	2	2	2	2	2	2
1 st Team	26	6	11	5	5	10	10	11
2 nd Team	26	6	11	5	5	10	10	11
Hon. Men.	32	10	20	8	8	18	18	20
NOMINATIONS								
1 ST PLACE	16	4	8	4	4	8	8	8
2 ND PLACE	14	4	7	3	3	7	7	7
3 RD PLACE	12	3	6	3	3	6	6	6
4 TH PLACE	11	3	5	2	2	5	5	5
5 TH PLACE	10	3	4	2	2	4	4	4
6 TH PLACE	9	2	4	2	2	4	4	4
7 TH PLACE	8	2	3	2	2	3	3	3
8 TH PLACE	8	2	3	2	2	3	3	3

Should teams tie in the final conference standings and that tie is not breakable based on head-to-head records, teams will both receive the higher nomination amount. This will be the only reason to increase the overall nominations. The 1st team, 2nd team and MVP/Specialty awards will not change. Ties would result in additional players being recognized as honorable mention.

FOOTBALL SPECIFIC

Prior to the end-of-season coaches' meeting, coaches will nominate up to their teams' limit of players by position. The following will be the categories used for voting: QB, RB, WR, TE, OL, DL, LB, DB, Specialists (K, P, Returners).

At the end-of-season meeting coaches will vote or rank players from these nominated positions (breakdown of award by position by team assuming there is the number nominated to fill the places):

MVP (4): Overall MVP; Offensive MVP; Defensive MVP; Lineman of the Year

1st TEAM (26): QB (1); OL (5); RB (2); WR (3); TE (1); DL (4); LB (4); DB (4) Specialist (2)

2nd TEAM (26): same distribution as 1st TEAM above

All other nominations will be Honorable Mention—NO ADDITIONAL ADD-ONS.

Players may be nominated for both an Offensive and Defensive position and may be recognized on both sides of the ball—however, they will count as two nominations. If the player wins either the Overall MVP or Lineman of the Year, they will not be recognized again on a team on either side of the ball. IF the player wins one side MVP, they will be prevented from being recognized again on that same side. However, they may be recognized on the other side of the ball (example: Defensive MVP can still be 1st, 2nd or HM on Offense). No additional nominations will be given or awarded to the team whose player has won the MVP awards.

All players, including specialists, count toward the team limit of nominations.

South Sound Conference Covid-19 Tie Breaker/Seeding committee and process

For the 2021-2022 athletic seasons, the SSC has determined it necessary to establish a supplemental process to assist with post season seeding and final standings as it relates to advancing SSC teams into post season play.

The SSC already has clearly defined league wide tie-breaker language listed a starting on page 15 of this handbook. We feel that, due to the pandemic, we may find ourselves in more challenging situations to determine post season births given the increased probabilities that some teams from some schools may have interruptions that create situations where we have unbalanced league schedules and incomplete season records. There may also be situations where qualified teams cannot participate in post season and therefore substitute teams will be advanced.

There are so many potential scenarios to plan for that we determined a tie-breaking process will now need to include a decision-making body for when a balanced season schedule is unable to be completed or other unforeseen circumstances play out.

This process will be employed to advance the SSC teams into post season and to reflect the final standings in the league for team sports and where necessary, individual sports.

The process and participants are listed below:

League statistician will track all sports standings and advise the sport commissioner with various tie-breaking scenarios as seasons progress (normal process)

The league commissioner will act when he/she sees a potential situation where a balanced schedule appears unlikely to be completed or another situation creates standings and/or post season situation that warrants a review. In those cases, the following will take place:

The league commissioner will work with the coaches from all schools in that sport to get input on final standings and potential tie-breaker games where necessary.

The league commissioner with the statistician will advise the SSC chairman of the recommended options for resolving the situation.

The SSC chairman will arrange a meeting of all athletic directors in the conference to hold a vote on final league standings and advancement to the post season. The athletic directors will use currently worded tiebreaker and league standing verbiage in the handbook along with information provided by the league statistician and the recommendation from the commissioner and coaches input to arrive at a final decision.

A majority vote by the athletic directors will determine the outcome. In the event of a tied vote by the AD's, the start of season card draw will be used to determine ties in standings or post season seedings when two or more schools are tied for one or more standings.

We, the students, officials, coaches, parents, and fans will exemplify sportsmanship. We will be respectful of our opponents and encouraging of our teams by being gracious in defeat and humble in victory. We will be courteous and hospitable by displaying integrity to unify the South Sound Conference. Home or Away, win or lose, play hard, play fair, have fun, but remember it's just a game.

By the Students of the South Sound Conference

STUDENT/SPECTATOR CONDUCT

NOISEMAKERS/DISTRACTORS NOT ALLOWED

The schools of the South Sound Conference prohibit noisemakers, including but not limited to items such as: drums, horns, megaphones, radios, thunder sticks as well as the use of laser pointers and the discharge of confetti or powder type displays during all athletic contests.

NO HAND-HELD SIGNS ALLOWED

No signs, other than the official school banner, may be brought in by the opponent. Taped signs must be positive in nature and may not mention the opponent.

HALFTIME

Halftime presentations must be discreet, non-offensive to the opposing school.

PLAYER INTRODUCTIONS

Introductions are to be respectful for both teams involved and must include the SSC Sportsmanship Statement created by the students of the South Sound Conference.

IDENTIFICATION

At least 50% of the face must be exposed. All Spectators must be identifiable, in acceptable school attire with no bandanas.

SPECTATOR SEATING

Spectators in the SSC will not be seated in the first row of bleacher seats (feet on the gym floor) in gymnasiums to help avoid interference with the contest and to allow for a better flow of traffic during the contest.

INTEGRITY/SAFETY OF THE PLAYING SURFACE

Immediate rush onto the court or field following the end of competition is PROHIBITED. Only game personnel are allowed on the playing surface at any time, Demonstrate respect for public property and equipment. Refrain from negative comments about officials, coaches and individual participants.

**Any Team, Spectator or Student guilty of misconduct or unbecoming behavior may subject themselves and their school to SSC sanctions. A mutual agreement by the competing schools' Administration prior to the scheduled event may allow for modification of the above student/spectator conduct expectations for specific contests .*

Conference

The South Sound Conference shall sponsor a baseball program for boys of varsity and junior varsity. Schools may also enter a team into a C-Team and/or freshman Conference.

Baseball Contest Rules

Except where otherwise indicated the contest rules developed by the National Federation of State High School Associations (NFHS) shall apply.

Jamboree

A baseball jamboree is an abbreviated contest during which no more than six (6) innings and/or six (6) innings per player may be played.

Invitational Tournaments

Each game played in an invitational tournament must count toward the team and individual participant contest limitations.

Pitcher Limitation

Shall follow the WIAA Rules for pitching limitations for pitch counts. The same rule applies to playoffs as well as to regular season play, and to tied and suspended games.

Called/Suspended Contest

Any contest called by the umpire before it can be considered a regulation game according to NFHS rules shall be a suspended contest and will be continued at a later time according to the South Sound Conference regulation regarding the rescheduling of Postponed Games. The lineup and batting order of each team will remain exactly the same as the lineup and batting order when the contest was suspended.

Game Ending Procedures

National Federation Rule 4-3-2, in which the game shall end when the losing team is behind ten (10) or more runs and has, at least five (5) turns at bat. This applies during all regular season and post season games.

Length of Games

Single games for varsity, junior varsity and "C" team shall be seven (7) innings in length. Doubleheaders shall consist of seven (7) inning games, except at the "C" and freshmen level which will be five (5) innings.

Officials

Registered WOA officials must be used for all South Sound Conference games.

Postponed Games

1. The home school is responsible for making the decision regarding the postponement of a game on account of inclement weather or unfavorable field conditions and notifies the visiting school by the deadline of 1:30 PM.
2. Postponed games are to be rescheduled for the **next** available play day for both teams. The only acceptable reasons for deviating from this regulation are if umpires are unavailable, the field is unplayable or unavailable or district transportation is unavailable. If a team has more than one postponed game to make up, the game will be made up in the order they were postponed. The only exception would be if the opponent had a previously scheduled Conference game on the next play date. If that situation were to arise, the team attempting the make-up would be free to make up other Conference game(s) in the order that they were postponed. The home team is responsible to reschedule all postponed game(s). If this procedure is not followed, and following information gathered by the South Sound Conference Baseball Commissioner, Conference Athletic Directors will be convened and a vote on game forfeiture will be taken.
3. Make-up games are to be rescheduled for the same time and site as originally scheduled. (Unless extreme weather conditions or prior scheduling by joint use agency makes this impossible.)
4. Conference make-ups will take precedent over any scheduled non-Conference games. It is **strongly advised** that Saturdays be used as make-up dates.

Players Bench

The player's bench shall be limited to coach(es), uniformed players, student managers, athletic trainers and scorer.

Game Ball

The home school shall give the umpire four (4) new official baseballs prior to the start of the game. A game ball is to be made available to both starting pitchers for warm-up purposes.

Game Warm-Up

The allowance for pre-game warm-up shall be as follows:

1. Each team will be allowed a ten (10) minute infield practice.
2. Starting time will be dictated by the South Sound Conference schedule and each school's practice game schedule.
3. Home team will choose the home dugout
4. Equal batting practice opportunities will be provided for each team prior to the start of the game.
5. All regularly scheduled South Sound Conference games will be played unless they cannot be made up prior to the Conference playoffs.

Courtesy Runners

1. At any time, the team at bat may use courtesy runners for the pitcher and/or the catcher. The same runner may not be used for both positions. Neither the pitcher nor the catcher will be required to leave the game under such circumstances.
2. Players who have participated in the game in any capacity are ineligible to serve as courtesy runners.
3. A player may not run as a courtesy runner for the pitcher or the catcher and then be used as a substitute for another player in that half inning.
4. The umpire-in-chief shall record courtesy runner participation.
5. A player who violates the courtesy runner rule is considered to be an illegal substitute.

Spring Break Rainout Make-up Procedures

Games played over spring break will be scheduled on Monday and Tuesday of the spring break week(s) with both coaches, the rescheduling of rainouts will be done outside of spring break on the next available play date according to Conference SOPS.

--Mandatory to play on break not Mutually Agreeable.

Protests

1. Protests of an official's judgment will NOT be heard.
2. Protests regarding playing conditions, facilities and/or equipment must be filed prior to the start of the contest. Game officials and the opposing coach must be notified at the time.
3. The basis of the protest must involve a misapplication or misinterpretation of a rule or a game condition which may have an undue or unfair effect upon the outcome of the game or event.
4. The facts and reason for the protest must be filed with the game officials, management or opposing coach **at the time the incident in question has occurred**. It is advisable that the game officials and both head coaches sign the scorebook and note the reason for the protest.
5. The protester must file a written protest, which must include the facts and reason for the protest, with their athletic director within twenty-four (24) hours (one business day). The athletic director will notify their building principal, who if they agree will notify the South Sound Conference athletic director's chairperson by the next school day. Copies of the written protest will be forwarded by the protesting school to the South Sound Conference Athletic Directors and they will meet within five (5) school days to make a ruling.
6. It is the responsibility of the team(s) and/or school(s) involved to provide all necessary information for the athletic directors to make a ruling.
7. Should the decision of the athletic directors be unsatisfactory to a school involved in the protest, it may invoke the appeal procedures as outlined.

Tie Breaking Procedure

See SSC Handbook p. 15-16 "Criteria for Settling Ties".

Conference

The South Sound Conference shall sponsor a basketball program for boys and girls of varsity and junior varsity. Schools may also enter a boys and girls' teams into a C-Team and/or freshman Conference.

Rules

The official rules as published by the National Federation of State High School Athletic Association, the WIAA and the South Sound Conference shall be the official rules for these programs.

Officials

Officials will be registered with the Washington Officials Association and the local association's assigning procedure will be followed.

Game Management

1. The host school's athletic director or paid designee will serve as the game manager.
2. Scorers and timers for the varsity and junior varsity games will be responsible adults employed by the host school. The South Sound Conference strongly recommends that adults be used for junior varsity games; but, if unavailable, students may be used.
3. The public address announcer and thirty-second shot clock operator will be adults, if available; otherwise responsible students employed by the host school may be used. Announcements other than those directly involving the game must be approved by the game manager.
4. Junior varsity games will start at 5:15 PM; varsity games will start twenty (20) minutes after the end of the junior varsity game, but never before 7:00 PM. C-Team and freshman Conference games will be scheduled at a mutually agreeable time for the schools involved.
5. Twenty minutes of warm-up time will be allotted prior to the start of the game and will include only those members of the squad involved.
6. For the varsity game, teams will be introduced immediately following the twenty-minute warm-up. The National Anthem will be played by the host school band. If a band is not present, the Pledge of Allegiance and South Sound Conference Sportsmanship statement will be led by the PA announcer.
7. The game ball will be a top-grade leather ball supplied by the home team.
8. Halftime will be ten (10) minutes long and pre-game warm-up rules apply.
9. Game management will approve halftime entertainment and notify the visiting school at least one (1) day in advance if special halftime activities will extend the normal halftime period.
10. Home team and visiting team rooting sections should be marked.
11. The home team will provide a dressing room with lockers, shower facility and writing surface for the visiting team.
12. Only players in uniform will be allowed on the court from the time the junior varsity pre-game warm-up commences to the completion of the daily schedule. -NO Half time shooting by Varsity players in the JV Halftime or Varsity Halftime

Playoff Procedure / Tie-Breaker Procedure

See SSC Handbook p. 15-16 "Criteria for Settling Ties".

All Conference Procedure

See SSC Team All- Conference procedures

Conference

The South Sound Conference shall sponsor a bowling program for girls of varsity and junior varsity.

Bowling Conference Rules

The SSC will follow the United States Bowling Congress Rules Book for High Schools (exception in Baker format, the head coach will determine the lineup).

Matches

Start time will be 3:00 PM. There will be a ten (10) minute practice time prior to the start of the match.

Competition

Only two coaches, plus a scorekeeper or team manager, are allowed in the bowling settee area during competition and coaching by those coaches are allowed during the match. If there are multiple coaches, you must notify the opposing coach prior to the match.

Team

A team will consist of no more than seven (7) eligible bowlers, but only five (5) bowlers for that team may bowl at one time.

Uniforms

It is highly recommended that all jerseys have collars and the name of the school be displayed on the back. All varsity players must be in uniform. Junior varsity players must be either in uniform or dressed in appropriate school attire. District and State tournaments will require the uniform regulation.

Games

Games are scored by adding the total pin fall from each of the five (5) players together.

Substitutions

Bowlers may substitute into a game at any time from the end of the frame from the team roster of eligible bowlers. Second ball substitutions are not allowed. Substitute pins will count toward game score but will not be factored into the substitute's individual average.

Contests

A contest will consist of two (2) regular games each in which total pins for each game will determine the team's score and two (2) bakers. In the baker format, teams will bowl one (1) game on a lane, and then will switch lanes on second baker. Therefore, each bowler will throw two (2) frames during the baker format.

Points Awarded

Regular Game – one (1) points

Baker – one (1) point

Total Match Points – one (1) point

Home Teams

The home team is responsible to fax/e-mail the Conference statistic sheets to their athletic director, the commissioner and the media.

Electronic Devices

All cell phones and electronic devices are to be turned off when bowlers enter the settee area (this includes any bowler who is listed on a team's roster).

Tie-Breaker Criteria

Criteria to settle ties at the end of regular season matches:

1. Overall Conference record.
2. Winner of head to head competition.
3. The total pin count for the season in the two matches of the regular season Conference contests.
4. One game roll-off to determine the winner.

All-Conference Selections

To qualify, bowlers must have bowled in 70% of the varsity games. The top fifteen (15) bowlers will constitute all league consideration. From those selections, first team and second team and honorable mention will be determined.

Conference Tournament (If applicable)

The number of seeds will be determined by the West Central District. The top seed will be determined by regular season play. The remaining seed(s) will be determined by the League tournament as well as the number of bowlers from non-qualifying teams.

Conference

The South Sound Conference shall sponsor a cross country program for boys and girls of varsity and junior varsity.

Cross Country Rules

National Federation State High School Association of Track & Field shall govern Cross Country. Additional WIAA Special Rules shall also govern Cross Country (WIAA Handbook).

General Conference Rules

1. Meet entry and all official results posting is via **athletic.net**.
 - a. Host site will post instructions on athletic.net and/or send out an informational email no later than the Monday prior to the week of the meet. This includes the conference championship meet.
 - b. Meets will be scored as duals and official scores posted to athletic.net.
2. Conference meets serve as competitive opportunities and to prepare for the post-season.
3. The Conference Championship will be determined solely by team order of finish at the South Sound Conference Championship Meet.
4. The Conference Championship meet will allow teams the option to enter up to ten (10) runners in the varsity race.
 - a. Three of those runners will be designated non-scoring.
 - b. The purpose of Non-scoring varsity race runners will be to allow them to prove fitness for future post-season races compared to varsity runners.
5. The Conference championship will include a junior varsity championship race for the remaining runners.
6. Ribbons will be awarded for each championship race.

Procedures

Conference Championship

- Order of races and race times will be determined by input from the SSC, any partner conference sharing the site on the date of the SSC Championships, and the championship site manager.
- Awards presented after the last race is completed.

Regular Season Conference Meet Race Order

- Regular season conference meets will begin at 3:45 PM.
- The race order for dual meets will be determined by the coaches at their fall meeting.

All Conference Team

- The First Team All-Conference Team will be the top seven (7) finishers at the Conference Championship meet.
- The Second Team All-Conference Team will be finishers eight through fourteen (8-14) at the Conference Championship meet.

Conference

The South Sound Conference shall sponsor a Fast Pitch Softball program for girls of varsity and junior varsity. Schools may also enter into a C-Team and/or freshman Conference.

Fast Pitch Softball Rules

National Federation State High School Association governs. Additional WIAA Special Rules shall also govern (WIAA Handbook).

Officials

- Registered WOA officials must be used for all games.
- Schools will use officials from their local association. Two (2) for varsity games and one (1) for junior varsity and "C" or freshman games.

Game Ball

Two types of game balls are eligible for use in SSC regular season play:

1. The ball recommended by the West Central District 3. OR
2. The ball recommended by the WIAA in "Bound for State"

Schedule

There will be games scheduled and played during the first two days of spring break (Monday and Tuesday). The remaining portion of spring break will not be required for any rescheduled games.

Length of Game

- All single varsity Conference games will be scheduled for seven (7) innings in length. Sub varsity games will be seven (7) innings or 1 ½ hours, whichever occurs first.
- If a team is ahead by ten (10) or more runs after five (5) innings, the game will be called (mercy rule).
- Tie games will be decided by a tie-breaker. Teams will start each at bat after the seventh (7th) inning with the last out of the previous inning on second base.

Postponed Games

The home team will determine if weather or poor field conditions will postpone the game. The call to postpone should be made by 12:00pm (noon) if possible.

Makeup games will be played on the next available day which does not disrupt the Conference schedule. Makeup games will be played in the order in which they occurred. The athletic director will be the contact person for rescheduling games

Suspended Contest

A Conference contest called by the umpire before the game can be considered a regulation game according to NFHYS rules shall be a suspended contest and will be continued at a later date and time. The contest shall continue from the point of the suspension. The lineups, innings pitched, batting order of each team, and pitch count will remain exactly the same as when the contest was suspended.

Warm up

The home team should take infield and outfield first, for a maximum of ten (10) minutes.

Tie Breaker

See SSC Handbook p. 15-16 "Criteria for Settling Ties".

Conference

The South Sound Conference shall sponsor a football program for boys of varsity and junior varsity. Schools may also enter into a C-Team and/or freshman Conference.

Football Rules

1. The National Federation of State High School Association football rules shall govern football.
2. Special regulations regarding football are printed in the WIAA Handbook.
3. Additional regulations are set forth by the South Sound Conference.

Game Site Management

1. The host school's athletic director or designee will serve as the game manager.
2. Game management, after consultation with the visiting team, will determine who is allowed sideline access.
3. Game management has the authority to remove any spectator from either the home or visitor sideline area.

Officials

1. Officials will be registered with the WOA and the local association's assigning procedure will be followed.
2. Five (5) officials will work South Sound Conference varsity contests and a minimum of two (2) officials will work junior varsity and/or C-Team/freshman contests.

Additional Procedures

1. Varsity games will start at 7:00 PM unless it involves a double-header or both schools mutually agree to change the start time. A minimum of twenty (20) minutes will be allowed for warm-up between games in double-headers or tie-breaker games. The twenty (20) minutes will commence once the teams take the field, not at the immediate end of the preceding game.
2. It is the responsibility of the home school to have physician or qualified medical personnel in attendance at all football games.
3. Each school will provide its own game balls for each contest.
4. Each school is required to have five (5) up to date copies of its rosters available at all varsity games.
5. The South Sound Conference shall utilize the WIAA approved tie-breaking plan (WIAA rule 35.6.3)
6. Junior varsity and C-Team/freshman games will consist of four (4), ten (10) minute quarters unless both schools mutually agree to play twelve (12) minute quarters.
7. Both teams must vacate the field for halftime marching bands unless permission has been granted by game management.

Conference Meeting

1. Our preseason meeting will be the 2nd week of June.
2. Our postseason meeting will be the Tuesday which follows game 9.

Use of The Press Box

1. The press box is for game management, media, and the home and visiting coaching staffs.
2. Schools filming games for scouting purposes may use press box space if it is available and approved by game management. Scouts cannot expect to have power available for filming.

Headphones

Each team is responsible for supplying its own coaches' communication network. If team A's headphones fail to work, team B does not have to forfeit the use of their communication network.

Filming

The use of end zone cameras at a visiting site must be approved by the home site game management. If approved, the visiting team must provide the home team with a copy of the game tape. All filming for scouting purposes must be taken from a sideline angle. End zone filming for scouting is prohibited.

Drones

No Drones at South Sound Conference football events.

Film Exchange

Teams will exchange the previous two games with their upcoming opponent through HUDL. Each team will end up having 3 game films for each opponent. We will use a staggered weekly exchange (meaning one week at a time). Your final exchange of your previous night's game must be to your opponent by Saturday at 9 am. If your opponent plays a Saturday game, then game film must be to the opposing teams by 8 am Sunday. The stagger will start two weeks prior to the meeting of your opponent. The following stipulations must be followed within our Conference:

1. Only wide-angle film. All 11 players must be seen on the film for the duration of the play.
2. Coaches agree to make the best effort to have the video begin prior to the snap of the ball on each play and include wide outs and secondary players.
3. Complete games only
4. No deleted plays or plays out of order
5. When appropriate the film must show the chains and down markers during the play
6. When possible film from the home side.
7. Show score board after each quarter
8. Film cannot be at field level.
9. End zone film is not permissible for scouting purposes.
- 10. The commissioner may suspend the film exchange requirement in the event a team cannot demonstrate consistency with film quality.**

Common Statistician

All SSC football teams will use a common league statistician who will compile all team and individual statistics for the current season and prior seasons. The current season data will be made available to coaches prior to the end-of-season all-conference meeting in November. Any costs for the services of the statistician will be shared equally by the member schools of the SSC.

Tie-Breaker Criteria

Unlike standard SSC tie-breakers, football will avoid tie-breaker games which would force teams to play three games in an eight-day span presenting player safety issues for the advancing team. If needed, a team may be eliminated through the seasonal card draw. Below is the football sport-specific tie-breaker to be used in Step 4 of the SSC tie-breaker process described on p. 15-16 of the SSC Handbook:

Football Specific Tie-Breaker:

- I. If all the teams tied have played each other during the regular season.
 - A. Two-way tie-breaker criteria:
 1. Head to head
 - B. Three-way (or more) tie-breaker criteria:
 1. Best record among the teams tied.
 2. Point differential among the teams tied.
 - a. Determine each game difference in score among the tied teams. The maximum differential for each game will be + or - 14 points.
 - b. Take positive points from wins and combine with negative points from losses creating a net point differential.
 - c. The team with the highest total point differential will advance out of the tie-breaker. The remaining teams will go through the tie-breaker process again starting with head-to-head with any remaining tied teams.
 - d. Example:

Conference record:

Team A	6-1 (conference record)	1-1 (mini-series)
Team B	6-1	1-1
Team C	6-1	1-1

Team A beats Team B, 7-6 (Team A earns +1-point differential; Team B -1)
 Team C beats Team A, 20-14 (Team C +6; Team A -6)
 Team B beats Team C 35-7 (due to the 14-point maximum Team B earns +14 points differential; Team C -14 points)

Combine the point differentials for each team:
 Team A: earned +1 and -6 for a net point differential of -5
 Team B: +14; -1= +13-point differential
 Team C: +6; -14= +8-point differential

Result: Team B would advance as the top 6-1 conference record team. Teams A & C would then begin the SSC tie-breaker process again with head-to-head. Since Team C defeated Team A in the above example, Team C would receive the next seed over Team A.

 1. Team B
 2. Team C
 3. Team A
 3. Power Ranking System (tied teams vs. 1st place team, 2nd place team, etc.) See p. 16 in SSC Handbook: "Practices" Step 3.
 - A. All teams must have played each other in order for power rankings to be used.
 4. If teams are still tied the Seasonal Number Draw (Step 5) will be used to break remaining ties.

- II. If the teams tied did not play each other:
- A. Two or more teams tied
 - 1. Power Ranking (see I. B. 3 above)
 - 2. Point differential
 - a. Take highest ranked common opponent and use the format outlined in (I. B. 2 above)
 - B. Example:
 - Team A 5-3 (Conference record)
 - Team B 5-3
 - Team C 5-3
 - (highest ranked common opponent is second place team)

 - Team A lost 21-14 (-7 points)
 - Team B lost 35-7 (-28/-14 points (max.))
 - Team C lost 21-17 (-4 points)

 - Ranking:
 - # 1 Team C
 - Team A and Team B refer back to head to head, if possible, if not, Team A is second, Team C is third.
- III. If teams are still tied the Seasonal Number Draw (Step 5) will be used to break remaining ties.

JV/C Teams

1. WIAA rules will apply for all sub varsity teams.
2. C Teams are to consist of mainly Freshmen and Sophomores. There will be no Juniors allowed on C Team. Every possible effort must be made to limit the number of sophomores on C Team.
3. Seniors should not be on JV
4. Over time is settled by the Kansas City tie breaker rules.
5. JV and C team games will be played on Mondays.
6. Opponents will be the same as the varsity from the previous week's game.
7. Labor Day weekend game needs to be mutually agreed upon to either be played on Monday or Tuesday.

Conference

The South Sound Conference shall sponsor a golf program for boys and girls of varsity and junior varsity.

Golf Rules

The rules of the USGA shall be the official rules of South Sound Conference golf except where local rules are in effect at individual golf courses.

Scoring of Matches

1. Nine (9) holes will be considered a match. The number of holes played must be determined by a mutual agreement between coaches.
2. The team with the greater combined points of the top five of the six players that day shall be declared the winning team. Points will count as follows.

Boys

Bogey	1-point
Par	2 points
Birdie	3 points
Eagle	5 points
Hole in One	7 points
Double Eagle	8 points

Girls

Triple Bogey	1 point
Double Bogey	2 points
Bogey	3 points
Par	4 points
Birdie	5 points
Eagle	7 points
Hole in One	8 points
Double Eagle	9 points

1. Ties will be broken by the sixth player. If the match remains tied after these criteria, the match will be recorded as a tie.

Length of Matches

All matches prior to April 15th will be nine (9) holes, unless both teams mutually agree to play eighteen (18) holes. All matches from April 15th to the end of the season will be eighteen (18) holes unless both teams mutually agree to play nine (9) holes.

Team Membership

1. Golf teams are officially made up of six (6) members.
2. Players will be designated as numbers 1, 2, 3, 4, 5 and 6 according to ability.
3. Each school's number 1 member is to play against the other school's number 1; 2 versus 2, 3 versus 3; etc.

Starting Times

Starting times for the first groups may be no earlier than 2:15 PM and no later than 3:30 PM. Starting times and dates may be controlled by golf courses.

Conference Championship

1. The Conference Championship will be determined solely on dual match record. If there is a tie for the championship the Conference dual meet champion will be determined on the first day of the medalist tournament.
2. A Conference medalist tournament will be held to determine the South Sound Conference representatives to the State tournament. It will be a two-day, thirty-six (36) hole stroke play tournament. The cut for the second day will be determined by choosing the number of allocations (plus ties).
3. This tournament will be held on neutral course(s) and will have a thirty-six (36) hole stroke play format. A tournament champion will be determined by the following format:
 - A. Round One: Total the five (5) best stroke play scores of the six (6) competitors.
 - B. Round Two: Total the two (2) best scores of the 2nd round qualifiers.
 - C. The team score is determined by adding the Round One total to the Round Two total.

Rules Violations

1. Rules violations on the course must be called by players only. The only time a coach may penalize a player is for a serious breach of etiquette. The penalty for this is disqualification. (see Rule 33.7).
2. Any violation or potential violation of the rules must be brought to the offending player's attention before the alleged violator completes the hole on which the violation takes place and before teeing off on the next hole. Notification of any rule infraction must be brought to the immediate attention of the entire group. If players are unsure of the proper ruling, the player shall play a second ball under the doubt as to procedure rule (see Rule 3.3). If there is a dispute on whether or not a violation took place, the entire group must confer, reach a consensus, and assess any penalty before play begins on the next hole.
3. Disputes regarding doubt as to procedure will be settled by the Rules Committee. For dual matches, the Rules Committee will consist of both coaches and a representative from the home course's professional staff. For the Conference Tournament, the Rules Committee will consist of the Tournament Director, two (2) Conference coaches, and a representative of the course's professional staff.
4. If a violation is not called by a player prior to the alleged violator teeing off on the next hole, no penalty will be assessed. If the alleged penalty occurs on the final hole of play, no penalty can be assessed by a fellow competitor after the scorecard is signed.

Conduct of Players

1. Players of the representative teams of the South Sound Conference shall conduct themselves in a manner compatible with the recognized standards of good sportsmanship, citizenship, and good golf etiquette.
2. Each coach is responsible for the conduct of his/her players at all times.
3. All players will follow the specific dress code of their opponent's home course. Failure to do so will lead to immediate disqualification.
4. The institution of the new rule and increasingly crowded courses means coaches will not be allowed to play during matches.
5. Electronic measuring devices are allowed during South Sound Conference contests.

Conference

The South Sound Conference shall sponsor a soccer program for boys and girls of varsity and junior varsity. Schools may also enter a boys and girls teams into a C-Team and/or freshman Conference.

Soccer Rules

The National Federation Edition of Soccer Rules with the Washington Interscholastic Activities Association (WIAA) approved FIFA modifications will govern play in the South Sound Conference.

Officials

1. Registered WOA officials must be used for all South Sound Conference matches.
2. Schools will use officials from their local association.

Length of Game

1. Games will consist of two (2) halves of forty (40) minutes each.
2. A minimum of ten (10) minutes for a pre-game, warm-up will be provided.

Game Ball

The outer casing of the ball shall be leather or similar material that is weather resistant. The ball shall be inflated to the manufacturer's recommended pressure

Spectator Seating:

The SSC will follow the WIAA model for spectator seating with both teams sharing one sideline and all spectators sharing the stands opposite both team benches in all Conference venues where this model is appropriate.

Criteria for Determining Conference Standings

1. A conference win will count for three (3) points.
2. A conference tie will count for one (1) point.
3. A conference forfeiture will count for three (3) points.
4. No points will be awarded for a loss.

Criteria for Breaking Ties in the Conference Standings/Post-Season Seeding

1. Head to head results within the division.
2. If a team is being eliminated from the post-season, then a playoff game is required when head-to-head is tied.
3. Goal differential from the head to head results.
4. Goal differential from common opponents within the division (three (3) goal maximum).
5. Refer to seasonal card draw when all items are tied.

All Conference Consideration

An All-Conference meeting will be conducted at the end of the season. Coaches may nominate players. The coaches select the final team members.

A red card disqualifies a player from All Conference team recognition. The same rule applies to a coach for Coach of the Year recognition.

Uniforms

See Washington State High School Modifications to FIFA Laws.

Reporting Scores

Please report all scores to The News Tribune (Tacoma) or The Olympian because they are both regional newspapers. Both newspapers share information.

The News Tribune - Sports

253-597-8680 (do not leave a voicemail)

800-388-8742, ext. 8680

253-597-8360 (fax), call to confirm; E-mail: preps@mail.tribnet.co

Conference

The South Sound Conference shall sponsor a swimming program for boys and girls of varsity and junior varsity.

Swimming Rules

1. The rules of the Swimming Guide of the National Collegiate Athletic Association, Washington Interscholastic Activities Association and the Washington State High School Swimming Coaches Association shall govern all meets.
2. The non-official /official starter of all swim meets and referee for dive portion of meet will be an adult who will also be the meet official. It is recommended to have two officials at dual meets.
3. All entries in swimming and diving will be prepared according to National Federation Swimming and Diving Rules.
4. MEET LIMIT: Twelve (12) plus Jamboree.

Starting Times

Start times of swim meets can be determined by the host school to promote swimming or to meet the pool requirements. Start time is 3:30 unless otherwise specified in the Conference schedule.

Host Team

The host team will provide the following:

1. Meet management and all officials. A minimum of two (2) timers shall be provided per lane.
2. A copy of official meet results on completion of the meet.

Additional Information

1. Pre-season and Post-season coaches' meetings will take place and attendance is required by all head coaches. If a head coach cannot attend, athletic directors will appoint a school representative to attend the meetings.
2. Conference Championships will be awarded at the conference championship meet.
3. Conference dual meet scores and meet results will be reported to the Conference website. (www.sscathletics.org) Swimming Commissioner by the host team. The host team will send meet results to local newspapers to promote swimming and give athletes recognition.
4. The head coach of each school is required to send state qualifying times in for state meet eligibility. Follow state times reporting guidelines found at the Washington Swim Coaches Association website (<http://wisca.org/>).

Conference Requirements

1. In dual meets up to three (3) junior varsity divers may dive a maximum of three (3) dives.
2. Junior varsity swimmers may enter 50 and 100 freestyle after varsity heats of the 50 freestyle (event # 4) and 100 freestyle (event # 7).
3. All Conference diving meets will be judged by five people (3 adults preferred) who have been trained to judge. Alternate arrangement may be made by mutual agreement by head swim coaches.

Junior Varsity Heats

1. First heats are crawl.
2. Non-crawl swimmers will swim after crawl heats.
3. Coaches MUST notify the referee of the number of non-crawl swimmers prior to the start of the event.
4. Only 50 and 100 freestyle races are allowed for junior varsity events. Exception: Additional events beyond 50 and 100 freestyle may be swum, if mutually agreed upon by both coaches one week prior to their scheduled meet.
5. Non-crawl 50 and 100 freestyle junior varsity events are allowed within the rules of their respective events, i.e. backstroke may start in the water.

Divisional & Non-Qualifier Meet

1. The rules for conduct of the meet will be National Federation rules as amended by the South Sound Conference for this specific meet. Times achieved during this meet will be eligible for District qualification. Note: If you are entered in any individual event in districts you are not eligible for the divisional meet.
2. There are no team limits on the number of entries in each event.
3. Each individual is limited to two (2) individual events and two (2) relays or one (1) individual event and three (3) relays.
4. All entries must have an entry time for seeding purposes. Entries with no time will not be entered.
5. There will be two (2) flights (gold and silver). Each event will be divided in half by seed time; with each half (flight) having its own awards: 1st – 6th place.
6. The site for the Non-Qualifiers Meet and Conference Championship Meet will be decided by the Athletic Directors based on a recommendation by the swim coaches. Discussion and recommendation for meet locations will occur at pre and post season coaches' meetings.
7. Time standards for the Conference Championship meet are established by averaging the 24th place time from each of the past three Conference Championship meets. Qualifying for the diving event will require divers to have successfully completed an 11 dive meet during the season with no more than 1 failed dive.
8. Non-Qualifiers Meet regulations will be available at the pre-season meeting. Regulations will include information regarding entry procedures and deadlines, meet time format, participant eligibility, advancement to Conference Championship Meet and awards. An athlete can only participate in the Non-Qualifiers meet if they have not met any Conference standards in an individual event. Violation of this rule will result in the athlete being disqualified from post-season competition.
9. The Non-Qualifiers Meet will occur each year one week prior to the Conference championship meet. The meet can take place on a Friday or Saturday, depending on pool scheduling.
10. Conference Championship Meet regulations will be available at the pre-season meeting. NFHS rules for championship meet scoring and meet procedures will be used. The meet regulations will include information regarding entry procedures and deadlines, meet time format, participant eligibility, advancement to the WCD 3 Championship Meet, team scoring and individual and team awards.
11. The Conference Championship Meet will take place one week prior to the West Central District Championship Meet. The meet can take place on a Friday or Saturday, depending on pool scheduling.

WCD Meet

1. Time standards for the West Central District Championship Meet will be determined by averaging the 24th place time from each of the past three WCD Championship Meets in each event.
2. The WCD meet shall be held two weeks prior to the state meet.
3. Each team will have the top four swimmers and top relay participate in the meet for points. The other swimmers will be allowed to swim as exhibition.

Conference

The South Sound Conference shall sponsor a tennis program for boys and girls of varsity and junior varsity.

Tennis Regular Season Rules

The rules of the United States Tennis Association (USTA) will be the official rules of the South Sound Conference.

General Provisions

1. Boys' Tennis shall be played in the fall, girls' tennis in the spring.
2. Starting time will be no earlier than 3:00 PM. Starting time may be later depending on travel.
3. The home team will furnish tennis balls for each match and score cards for each match.
4. Varsity Conference contests will consist of five (5) matches; two (2) singles and three (3) doubles matches. Junior varsity contests will consist of a pro-set (winner of eight (8) games). Coaches may allow junior varsity contests to be a full match.
5. Each player will participate in only one (1) match (five (5) matches with eight (8) players). The host school will determine the order in which matches are played.
6. All varsity competition in a match will take place at the same location. Junior varsity matches may be played at a different site.
7. Each coach is responsible for having an updated singles and doubles ladder. Position on the ladder should be determined by challenges only. A player who is lowered for disciplinary reasons may not be placed below the varsity level.
8. As determined by your most recent ladder, in singles your best player not playing doubles must play as the number one singles player. The second-best player, not playing in doubles, will play as the number two singles player.
9. As determined by your most recent ladder, your best doubles team, not playing singles, must play number one doubles. Your next best doubles team will play number two doubles, and your third best doubles team will play number three doubles.
10. If it becomes necessary to postpone any contest because of bad weather, the contest shall be replayed on the next available weekday by mutual consent of both teams. The first rain out takes preference. In the last two weeks of the regular season, non-Conference contests shall be postponed.

Pre-Match Procedures

1. Upon arrival, coaches will exchange line-ups before courts are assigned.
2. Players will be introduced to each other in a pre-match format organized by the host coach.
3. A "coach" is defined as an individual authorized by their school and will be introduced as a coach to all participants at the beginning of the match.
4. Matches will be preceded by a ten (10) minute warm-up to include serves. Coaches will monitor warm-ups and get matches started in a timely manner.

Match

1. After the first serve of a match, a change cannot be made due to injury. If a player cannot continue play, they will retire the match.
2. Stopping the match because of bad weather shall be by mutual agreement of coaches.
3. If a contest is stopped because of weather, those matches in progress cannot make player substitutions when the match is rescheduled. If a match was not under way (with the first serve), substitutions may be made when the match is rescheduled.
4. When a postponed match is resumed, play will continue with the same score at the time of the postponement.
5. Coaching is permitted only during the ninety (90) second change-over during a set and during the break between the 1st and 2nd sets. **The break is not to exceed two (2) minutes.**
6. Coaches may not enter the playing area to instruct their players except between sets. An exception could be for medical emergency.
7. A maximum of ten (10) minutes may be taken between the 2nd and 3rd sets at which time the player(s) are allowed to leave the court.
8. A seven (7) point tie break will be used to decide sets should they reach 6-6.
9. More than two (2) completed sets may be required to finish a match. If darkness is affecting visibility, with both coaches agreeing, a 3rd set may be determined by one of the following means:

- A. 3rd set is played with no-ads.
 - B. Imposing a ten (10) minute time limit. If a player is ahead by two (2) games the match is over.
 - C. Playing a seven (7) point tie break. (USTA Handbook of Rules now calls a called twelve (12) point tie break a seven (7) point tie break).
10. Coaches, players and spectators will refrain from addressing players during competition except for positive encouragement and will remain silent when the ball is in play.
 11. If a player has a problem with spectators or an opponent during a match, the problem will be reported to the coach. Both coaches will resolve the problem jointly.
 12. If a player requests a line judge, the line judge will be a person acceptable to both coaches.

Tie Breaker to Decide Conference Champion

1. Two Way Tie:
 - a. Head to Head winner
2. Three Way Tie:
 - a. Head to Head winner
 - b. Most matches won verses tying teams
 - c. Most games won verses tying teams
 - d. Coin flip.

Post Season

3. A South Sound Conference Tournament at the end of the season will determine the conference entries to the district tournament.
4. There will be a seeding meeting at which coaches will present Conference win-loss records to design a sixteen (16) person bracketed tournament. If extra teams are entered, they will play off in preliminary matches before the tournament begins.

Tournament

1. Players may be entered in either singles or doubles. Players will not enter in both. Coaches will determine if their players will enter singles or doubles.
2. Number of matches / rounds per day (with no rain delays).
 - A. 1st day: Forty (40) matches will be completed in singles and doubles).
 - B. 2nd day: Eighteen (18) matches will be completed in singles and doubles.
3. Rain delays cause adjustments in days that matches are played. The following weekday may be used to complete matches.
4. Pre-match warm-up time, to include serves will be ten (10) minutes.
5. Time between matches will be a maximum of thirty (30) minutes if continuing to the next round.
6. There will be a two (2) minute break between the 1st and 2nd sets. There will be a ten (10) minute break between the 2nd and 3rd sets. Coaching may take place at the end of each set.
7. 3rd set procedure: Play a full set on championship side of bracket. Super set on consolation side of bracket.
8. Should players request a line judge, the line judge will be a person acceptable to both coaches.
9. Sportsmanship is expected of all players. A universal warning will be given at the beginning of the tournament and will apply to all players and coaches whether they are present or not. Any language or behavior deemed to be unacceptable will result in one point, game, match penalty system, by the tournament director/designee, to the team's coach who will immediately relay the penalty to the player(s).
10. If an injury occurs during a match, USTA Rules will be implemented. Players have fifteen (15) minutes for a "medical condition" delay with three (3) minutes permissible for treatment of the injury. Cramps (but not general fatigue) are considered to be a treatable medical condition.
11. After the brackets are drawn, a coach may make a player substitution due to injury or illness. No substitutions will be made after the tournament begins.

Format

1. 16 singles and doubles entries (3 entries per school – 1st & 2nd place, 2 entries per school for 3rd thru 6th place, 1 entry per school for 7th & 8th place).

Tournament General Information

1. Each team must provide one (2) can of balls per entry for each day of the tournament an entry plays. These are given to the tournament director at the beginning of the tournament. Three (3) new balls will be used for each match.
2. Coaches will help notify the tournament director when courts are cleared and are to help get players on/off the courts expediently.
3. Players must check in with the tournament director to pick up balls before going to the assigned court. At the end of the match, the winner must report to the tournament director with the score and return the balls.
4. In the case of a dispute, a settlement will be reached by a group of three (3) pre-selected coaches, who will act as impartial judges with their decision being final.

All Conference Recognition

1. 1st Team: Championship match for 1st & 2nd place
2. 2nd Team: Consolation match for 3rd & 4th place
3. Honorable Mention: Match for 5th place

Alternate Season Rule

1. Individuals/teams may begin practicing for the State Tournament on April 1 but may not exceed twenty (20) practices prior to the first round of the state tournament, as defined in Article 17.3.2 of the WIAA Handbook.

Conference

The South Sound Conference shall sponsor a track program for boys and girls of varsity and junior varsity.

Track and Field Rules

1. The National Federation of State High School Association Track and Field Rules shall govern track and field.
2. Special regulations regarding track and field are printed in the WIAA Handbook and State Track Syllabus.
3. Additional regulations are set forth by the SSC.

Start Times

Meets will start at 3:30 PM. Times may be altered if mutually agreed upon by participating schools. When visiting schools know they will arrive late they will contact the host school with an estimated time of arrival. The meet will not start until all teams arrive.

Order of Events

The order of events will be determined at the pre-season Conference coaches meeting using entries posted on athletic.net.

Field Events

Warm-ups: The head official must be on site before warm-ups may begin.

Check-in: Only the athletes participating in the event may check themselves in. Athletes must check-in prior to the start of the event.

Uniforms: Athletes must be in an official school issued uniform.

Jumping and Throwing Events:

Qualifying for Finals - All participants will get three (3) attempts to qualify for the finals.

Finals – Dual meet: Top four (4) qualifiers will get three (3) more attempts. Triangular meet: Top five (5) qualifiers will advance to the finals. Placement of the finals will be at the discretion of the host school. Note: A four (4) jump with no finals format may be used if necessary due to jumping facilities.

Junior Varsity – Junior varsity athletes will participate in an open pit format after the varsity competitions are completed.

Pole Vault/High Jump:

Warm-ups – Athletes must be allowed to warm-up with a bar or bungee in place for the high jump and pole vault.

Pole Vault Opening Heights – Girls 6'00, Boys 8'00. Both are allowed to compete together.

Coaches Box (Pole Vault) – The host school will define the pole vault coaches box.

Lane Assignments for Varsity Running Events

Triangle meets – If running one heat, lane assignments will be made on a rotating basis. Each school will have two (2) events where they are only allowed two (2) varsity entries and the other two (2) schools get three (3) entries.

Scoring

Varsity athletes will be designated as varsity participants at the beginning of each event. Scoring will be as follows:

Dual Meet: 5-3-1 and 5-0 for relays

Triangular Meet: 5-3-2-1 and 5-3 for relays

Four-Way Meet: Per WIAA rule, counting contests is done per each individual athlete. If schools choose to score a meet as a double dual it will count as ONLY ONE (1) contest.

Reporting of Scoring/Results

Scores – The host school will provide scored results with 24 hours. Visiting schools are asked to assist by providing a scorekeeper to keep track of those results.

Qualifiers – When reporting results, please post on **athletic.net**.

Non-Qualifiers – An athlete NOT meeting the qualifying standard in any individual event is eligible for participation in the Last Chance Qualifier Meet. Members of relay teams may participate in the Last Chance Qualifier if they have not met any individual qualifying standard.

Hand-Held Timing

Per NFHS Rule 3.9.4 all hand-held times will have 0.24 added to the time in order to compare to electronic timing systems.

Conference Champions

The South Sound Conference Championship Meet determines the Conference champion.

Post-Season Meeting

A post-season meeting will be scheduled for the Thursday following the State Track & Field Meet.

South Sound Conference Championship Meet

It is the desire of the track and field coaches of the South Sound Conference to make the South Sound Conference Track & Field Championship Meet a showcase event for the athletes who have qualified for the meet.

The coaches will act as the Games Committee. If there is a separate organizational committee their power is limited to adjusting schedules for the betterment of the meet due to facility limitations.

Conference Meet Entry

Please enter all athletes that have met the Conference's qualifying standards on athletic.net.

Seeding Meeting

A seeding meeting will be held the Monday prior to the Conference Meet.

Scratches

Scratches can be made after the seeding meeting and up to the coaches meeting at the Conference Meet. Scratches coming after the start of the coaches meeting will constitute removal of the athlete from his/her remaining events.

If an athlete is scratched, an alternate will be put in their place. After alternates are entered, the event will be reseeded.

Pre-Meet Meeting

A coaches meeting will be held one hour, fifteen minutes (1:15) prior to the start of the first event.

Rules and Expectations

On all issues each school will get two (2) votes, one (1) for boys and one (1) for girls.

Coaches will not be expected to officiate events or run the timing/seeding systems for the meet. The South Sound Conference shall provide qualified individuals for these purposes.

Rules

National Federation rules will be followed in all events, except where the rules are superseded by this syllabus. Coaches and athletes will be responsible for knowing and adhering to the rules.

Timing Systems

Two (2) fully automatic timing devices will be used as the primary timing system. PryoTech system will be used as a backup.

Schedule of Events

The schedule of events, especially in the distance races, should mirror the days of the district and state meets.

Jury of Appeals

The Jury of Appeals will be comprised of five (5) knowledgeable track and field people nominated by the coaches. Those people will have no other duties during the meet. They will be expected to attend the seeding meeting prior to the meet. The Jury of Appeals will be the final say for all protests and appeals. Topics will not be passed onto the coaches for a vote.

Conference

The South Sound Conference shall sponsor a volleyball program for girls of varsity and junior varsity. Schools may also enter a girls' team into a C-Team and/or freshman Conference.

Volleyball Official Rules

National Federation rules for volleyball are official unless otherwise specified in these bylaws or in the bylaws of the Washington Interscholastic Activities Association.

Match Times

C/JV 5:45, Varsity 7:15

Match Limitations

Each school shall be allowed to participate in the allotted number of matches established by the Washington Interscholastic Activities Association. The number of matches is exclusive of Conference playoffs, district and state tournament play. Best of three out of five games equals one match at the varsity level. Two out of three games at the sub-varsity levels. Sub-varsity matches will play all three games.

Scoring

Rally scoring will be used. In varsity matches, 25 points constitutes the win in the first four games of the match and 15 points in the final game. In sub-varsity matches, the first two games will be played to 25 points and 15 points in the third game. In all games, there will be no cap, and a team must win by two points.

Scorers

The official scorers for Conference matches must be qualified individuals. The home team is responsible for providing the scorer as well as a separate and qualified individual for tracking the libero.

Match Ball

For Conference matches, an official white leather ball is to be used. Synthetic or composite balls shall not be used during matches. The home team is responsible for furnishing match balls.

Pre-Match Warm-Up

Official warm-up will consist of 10/8/8 with the home team on the court first. Official warm-up time will not be compromised. Every effort will be made to start the match at its scheduled time. Varsity matches shall not begin prior to the published start time.

Line Judges

Line judges shall be qualified adults. Should qualified adults not be available, qualified high school students from the home school shall be used.

Libero

The libero is a player who is allowed in all levels of play. The libero must wear a jersey in a different color from the rest of their team. The libero needs to be designated before each game of the match and may change from one game to the next.

Senior Night

Each school shall conduct senior night in the following order: shared warmup, coin flip, senior night, home team warmup, visiting team warmup, serving, introductions for match, play.

Conference Championship

The Conference championship will be determined by the regular season standings of SSC matches. The SSC tie-breaking procedure will be used in the event of a tie for the championship.

Tie-Breaker Procedure

Follow the Standard Tie-Breakers outlined starting of page 15 of this Handbook.
Volleyball does have a sport specific Tie-Breaker that is used in Step 4.

Sport Specific to be used if teams are still tied after the first 3 steps of the standard Tie Breaker procedure will be as follows:

1. Total Games won from matches between the tied Teams.
2. Total points won in matches played among tied teams.

Post-Season Play

Conference standings will determine post-season seeding.

All Conference

Nominations awarded to teams as outlined in the Standard Practices part of the Handbook on Page 17.

Special awards will go to: SSC MVP, Defensive Player of the Year, Coach of the Year and Sportsmanship Award.

To come up with 1st team, 2nd team and Honorable Mention – each coach shall rank the top 12 players. Number 1-12 will be on first and second team. Each name remaining shall be Honorable Mention.

Conference

The South Sound Conference shall sponsor a wrestling program for boys and girls of varsity and junior varsity.

Starting Times

Weigh-ins will be at 5:00 PM for dual matches. Junior varsity matches will start at 6:00 PM and the varsity matches will start no sooner than 7:00 and no later than 7:30. The home team coaches need to notify the away coach of a change in the weigh-in time one day in advance. If the event needs to be rescheduled the coaches will determine a mutually agreeable revised date.

Bench Conduct

All team members, wrestlers, coaches and school administrators will follow National Federation Wrestling Rules and WIAA Rules regarding bench conduct. The conduct of the wrestlers and coaches will exemplify good sportsmanship at all times.

Grade Check – Post-Season Seeding Qualification

It will be the responsibility of the head coach and the athletic director to check the current grades of their wrestlers prior to the seeding of wrestlers into the South Sound Conference Tournament and the beginning of the SSC Tournament if the semester grades have not been provided prior to the seeding meeting. Each coach will be required to bring these documents to the seeding meeting and no wrestlers will be seeded into the tournament without a grade check.

Post Season Participation Standards

1. All wrestlers must meet the minimum post season standards established by the WIAA for post season participation.
2. Boys will participate in a boys only post season tournament and girls will participate in a girls only post season tournament. Girls may participate in a boys' dual match or invitational tournament within the regular season.

Seeding Meeting Rules and Regulations

1. A seeding meeting will be set by the SSC Conference Commissioner at the beginning of the wrestling season. The seeding meeting will be held at the end of the Conference dual season, prior to the Conference tournament.
2. All head coaches or a representative from each school are required to attend the seeding meeting. Each school is required to bring all Conference and season records, weigh-in sheets, grade checks, varsity and junior varsity score books and any other documents necessary to seed their wrestlers and establish their eligibility.
3. A school that is not represented will have their participants entered into the tournament at the discretion of a coach's consensus.

Brackets and Entries

1. A 16 person, double-elimination bracket, scoring six places will be used in the Conference tournament.
2. Each school is entitled to enter two participants into each weigh classification. Each wrestler must meet all eligibility requirements and standards set by the WIAA.

South Sound Conference Seeding Criteria

1. Each school will declare a first and second wrestler to be seeded into the bracket. It is possible for one school to have the #1 and #2 seeded wrestlers in the bracket. However, a school's first declared wrestler must be seeded higher than their second declared wrestler in the bracket.
2. The following criteria categories are not in a priority order.
 - Overall varsity season record
 - Overall varsity Conference record
 - Head to head results in varsity or junior varsity Conference dual matches
 - Previous season(s) State Tournament, Regional Tournament and Conference Tournament placing.
 - Hardships, injuries, eligibility issues may also be presented in the seeding process.
3. A coach's consensus may be called at any time by any head coach to determine a conclusion in the seeding process. Only the head coach from each school will vote in a coach's consensus. The head coach may present any facts to the coaching body for consideration. Other head coaches whose wrestlers are affected by the petition may make a factual rebuttal prior to the vote. The coach who petitions a consensus vote to improve the seed of their wrestler will abstain from the consensus vote. A head coach or Conference representative may also call for a coach's consensus to resolve any seeding or tournament issues that do not involve their wrestlers. All head coaches will be involved in these votes. A coin toss will break any ties.

Seeding Process

1. The tournament bracketing will begin at 106 and continue through 285. The Conference Commissioner will determine a random order for schools to declare their wrestlers. Example below:
 - 106: Yelm, Central Kitsap, Capital, Timberline, Shelton, Peninsula, Gig Harbor, North Thurston
 - 113: Central Kitsap, Capital, Timberline, Shelton, Peninsula, Gig Harbor, North Thurston, Yelm
 - 120: Capital, Timberline, Shelton, Peninsula, Gig Harbor, North Thurston, Central Kitsap, Yelm
 - The rotation continues through each weight class
2. If there are any vacant spots after all wrestlers are seeded into the bracket, a bye will be placed in the vacant spots.
3. After the bracket has been finalized at the coaches meeting and one of the top six seeded wrestlers is withdrawn from the tournament prior to the start of the tournament, the bracket will roll to fill in the top six seeds. In the event that there is an uneven bracket or unbalanced half bracket, **the bracket will be balanced by the tournament director with a coach's consensus.**

Substitutions

1. Any change to a school's roster must be made to the Conference's tournament director by fax, e-mail, text or phone call 24 hours prior to the start of wrestling on the first day of competition (5:00 pm). It is the responsibility of the school to confirm changes.
2. If a school declares that a wrestler will not be able to compete 24 hours in advance of the first day of competition they will have two options to replacing their wrestler. 1) A new wrestler who is not seeded in a different weight class. 2) Elect not to replace the wrestler and create a bye in the bracket.
3. If a wrestler does not make weight or is ruled ineligible by the officials for any reason (skin, hair, etc.) that wrestler will be ineligible to compete in the tournament. If the wrestler was overweight they will not be eligible to wrestle at a higher weight class. Any wrestler who is disqualified at weigh-in cannot be replaced by their school.
4. If a wrestler is withdrawn or disqualified from the tournament after the 24-hr period, the school's other wrestler in the bracket will not move to their teammate's spot. If the wrestler is a top six seed, the bracket will roll and a bye will be placed at the #7 seed, If the wrestler is withdrawn or disqualified from the tournament after the 24-hour period there will be no replacement and a bye will be placed in the vacant spot in the bracket unless the wrestler is a top six seed.

5. A wrestler who is declared ineligible or withdrawn by their school prior to the 24-hour rule may be reinstated if they are declared eligible by their school and the Conference's tournament director is notified 24 hours prior to the start of the tournament. The bracket will revert back to the original bracket prior to the change.

Tournament Directors

Job Description

1. Organize event time schedule.
2. Arrange for needed equipment to be at the site.
3. Arrange for help needed to conduct the event in an efficient manner.
4. Make certain that officials have been contacted.
5. Order awards and arrange for awards presentation.
6. Prepare publicity releases and information bulletins as needed.
7. Assist in preparing an event program.
8. Make every effort to conduct a smooth-running event and be available to coaches and participants.
9. Make certain that adequate medical coverage has been obtained, e.g. trainer, doctor, ambulance, etc.
10. Report all final results to the media and the Washington Interscholastic Activities Association (WIAA) or West Central District (WCD) office as necessary.
11. Prepare a financial accounting statement at the conclusion of the event.
12. Meet with South Sound Conference athletic director chairperson or Secretary/Treasurer to determine duties in which the meet director needs assistance. Oversee the printing of programs and other materials as well as moving equipment and other support services.
13. It is the duty of the meet director to go over these items and make sure all contingencies are covered.
14. Appoint a games committee.
15. Meet with South Sound Conference athletic director chairperson after the event to review the operation and make recommendations to improve future events.
16. Stipends for meet and tournament directorships will vary with the time demands of the event.
17. A head coach, assistant coach and volunteer coach shall not be the commissioner of said sport.

SOUTH SOUND CONFERENCE

WIAA SPORTS SEASON CALENDAR 2021-2022

Season 1 (Fall)

Sport	Start	WCD	End
Boys Tennis (Alternate)	8/23	10/28	5/28
Cross Country	8/23	10/30	11/6
Football	8/18	11/5	12/4
Girls Soccer	8/23	10/30	11/20
Girls Swim & Dive	8/23	10/29	11/13
Volleyball	8/23		11/13 or 11/20

Season 2 (Winter)

Sport	Start	WCD	End
Basketball	11/15		3/5
Bowling	11/1	1/29	2/5
Boys Swim & Dive	11/15		2/19
Wrestling	11/15		2/19

Season 3 (Spring)

Sport	Start	WCD	End
Baseball	2/28		5/28
Boys Soccer	2/28		5/28
Girls Tennis	2/28		5/28
Golf	2/28		5/25
Softball	2/28		5/28
Track & Field	2/28		5/28

SOUTH SOUND CONFERENCE

South Sound Conference Membership Request Form

School Name _____ School District _____
Current Classification _____ Projected Classification _____
Contact Name _____ Contact Phone# _____

Please provide the following information to the SSC for consideration.

1. What is your current enrollment in grades 9-11? _____
2. What is your projected enrollment for grades 9-11 in:
2 years _____ 4 years _____ 6 years _____
3. What is your school configuration? 9-12 _____ 10-12 _____
4. The SSC currently offers the following sports. Which of these programs do you offer and at what level?
Please circle the programs you offer.

FALL

Boys Tennis	Varsity	JV	C-team	Freshman
Girls Soccer	Varsity	JV	C-team	Freshman
Girls Swim	Varsity	JV	C-team	Freshman
Football	Varsity	JV	C-team	Freshman
Boys Cross Country	Varsity	JV	C-team	Freshman
Girls Cross Country	Varsity	JV	C-team	Freshman
Girls Volleyball	Varsity	JV	C-team	Freshmen
Boys Water Polo	Varsity	JV	C-team	Freshmen

WINTER

Boys Basketball	Varsity	JV	C-team	Freshman
Girls Basketball	Varsity	JV	C-team	Freshman
Girls Bowling	Varsity	JV	C-team	Freshman
Gymnastics	Varsity	JV	C-team	Freshman
Wrestling	Varsity	JV	C-team	Freshman
Boys Swim	Varsity	JV	C-team	Freshman

SOUTH SOUND CONFERENCE

SPRING

Baseball	Varsity	JV	C-team	Freshman
Fastpitch	Varsity	JV	C-team	Freshman
Boys Golf	Varsity	JV	C-team	Freshman
Girls Golf	Varsity	JV	C-team	Freshman
Boys Track	Varsity	JV	C-team	Freshman
Girls Track	Varsity	JV	C-team	Freshman
Boys Soccer	Varsity	JV	C-team	Freshman
Girls Tennis	Varsity	JV	C-team	Freshman
Girls Water Polo	Varsity	JV	C-team	Freshman
Girls Lacrosse	Varsity	JV	C-team	Freshmen
Cheer	Competitive		Sideline	Both
Dance/Drill	Competitive		Sideline	Both

5. Please provide the following information regarding your athletic facilities.

*Football Stadium	Surface Type_____	Capacity _____
*Soccer	Surface Type_____	Capacity _____
*Gymnasium	# of Gyms _____	Capacity _____
*Baseball	# of Fields _____	Surface _____
*Fastpitch	# of Fields _____	Surface _____
*Tennis	# of Courts _____	
*Track	Type of surface _____	Capacity _____
*Swim	Do you have a pool _____	Location _____

6. Please list all facilities you have that are capable of hosting SSC or WCD3 events:

7. Please list all sports you would have the ability to take a leadership role in as a League Commissioner:

8. Please briefly describe your philosophy regarding sportsmanship:

SOUTH SOUND CONFERENCE

9. Do you have any concerns regarding the cost of bussing of students to events? If yes, please describe your concern:

10. Do you have any concerns regarding student dismissal times for afternoon games or return times for evening events: If yes, please describe your concern?

11. Is your School Board and Superintendent in favor of joining the SSC?

12. How are decisions made in your building concerning athletics? Are decisions coordinated through the District office or does the building have maximum control?

SOUTH SOUND CONFERENCE ATHLETIC EVENT
ADMISSION PRICES

FREE **HOME STUDENTS WITH ASB**

\$6.00 **ADULTS**
HS STUDENTS W/O ASB

\$4.00 **SENIORS (62+)**
MILITARY
VISITING HS STUDENTS W/ ASB
MIDDLE SCHOOL STUDENTS

\$2.00 **ELEMENTARY STUDENTS**

FREE **4-YEARS OLD AND UNDER**

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