

Big 9 Cross Country (revised November 2018)

STANDARD OPERATING PROCEDURES

1. **SCHEDULE** – The schedule shall consist of two league meets per season. One league meet will be hosted in the northern area and one in the southern area. The schedule will allow for equal opportunities for hosting meets throughout the years. All league schools will score against each other at both league meets, **using dual meet scoring.**
2. **LEAGUE CHAMPIONSHIP** – The league championship shall be determined on the basis of win – loss record in the multi-team meets, **using dual meet scoring.**
3. **COMPOSITION OF TEAMS** – Each varsity team shall consist of a maximum of seven (7) members with only the first five (5) members scored. In the final last league meet of the season schools may enter an 8th (non-scoring) runner in the varsity race. In case of a tie the sixth member of each team will be scored. The junior varsity team may consist of an unlimited number of members. Varsity and JV runners will be so designated prior to the start of the meet. The due date for entries is the Tuesday/2 days prior to the meet
4. **EVENT PROCEDURES**
 - a. **ORDER OF EVENTS** – At league meets, the order of races will be (1) JV girls – 3:30, (2) JV boys – 4:00, (3) Varsity girls – 4:30, and (4) Varsity boys – 5:00. All league meets will start at 3:30, unless mutually agreed upon by athletic directors and coaches due to availability of the course.
 - b. **FINISH LINE CAMERAS** –The host team has the option of utilizing a video camera at the finish line to help resolve any discrepancies which may occur in the order of finish of competitors. The camera should be placed at an angle to determine the correct order of finishers.
 - c. **SCORING JV RACES** - The JV races will utilize invite scoring for team results.
 - d. **GAMES COMMITTEE** – Prior to the meet, the visiting teams will be notified of the games committee. The host school will fax the games committee members to the other schools prior to the race. (No parents) It shall consist of at least three (3) people, none of which are cross country coaches directly connected with the competing teams. The meet director and referee shall serve on the games committee. In addition to serving as the jury of appeals, the games committee shall have those duties identified in the National Federation Track and Field Rule 3, Section 2 and Rule 9, Section 3. Protests must be made to the games committee within 20 minutes of the conclusion of the meet.
 - e. All finishers will receive a time (except in the case of a timing malfunction) even if it is a stopwatch time.
 - f. In the event of a wheelchair athlete, coaches and AD's will coordinate the race time with the host school. **The race will be between 2 and 3 miles.**
 - g. Lane width shall meet 6' NFHS guidelines
 - h. Running surface should be spike friendly, preferably grass, area more than 3 consecutive strides on concrete shall be covered.
 - i. Width of the course should be appropriate for passing to occur

5. MEET RESULTS – The host/home Athletic Director or Head Coach will send meet results to the Big 9 sports chair immediately following meets.
6. ALL CONFERENCE SELECTIONS – All Conference selections will be based upon the place finish of individuals from the District 6 Championship Meet. First Team: Top seven individuals and any male runner who breaks 16:30 (Wenatchee) or 16:20 (Franklin Park), and any female runner who breaks 20:00 (Wenatchee) or 19:45 (Franklin Park) at the district meet. Second Team: The next seven individuals based on finish in the district meet. Honorable Mention: The next seven individuals based on finish in the district meet.
7. DISTRICT CHAMPIONSHIP MEET
 - a. The District Championship meet will be held following the completion of the league schedule. The purpose of the District Championship meet is to determine All-Conference selections as well as to crown a 4A District Champion of the Big 9. The District Championship will determine which team(s) and individual runners qualify for State competition based on the WIAA allocation model. The JV Championships will be part of the District Championship meet. Host schools will provide awards for the JV District Meet. The site of the District 6 Championships will be rotated. The time schedule for the District Championship Meet will be:
 - ❖ 3:00 4A Girls JV
 - ❖ 3:30 4A JV BOYS
 - ❖ 4:00 4A GIRLS
 - ❖ 4:30 4A BOYS
 - ❖ 5:15 AWARDS
 - b. Lane width shall meet 6' NFHS guidelines
 - c. Lane assignments will start with lane #1 to the far left proceeding to lane #7 on the far right as the runners look down the course. There will be one lane draw for girls and one lane draw for boys.
 - d. District Awards: Varsity individual runners and varsity team champions will be determined by following the same scoring criteria as in league meets, and will receive awards as established by District 6. Individual awards will be provided and awarded to top runners, who will make up the All-Conference team, as defined in the All-Conference selections above.
 - e. UNSPORTSMANLIKE CONDUCT: Any act of unsportsmanlike conduct or any other action, which may result in disqualification, as identified by the National Federation Rules for Track and Field and Cross Country, shall be reported to the host school administrator or designee who shall be present at the meet and acting as the meet referee. The referee shall investigate and assess the allegation, consult with the host and visiting head coaches and determine if a valid unsportsmanlike act has occurred. If so determined, the offender will be disqualified, as per National Federation Rules for Track and Field and Cross Country, and will be subject to the WIAA Expulsion Rules, which will be administered by his/her home school.

Host sites for league meets in 2019:

2019 – League Meet #1 – Thursday September 19 @Franklin Park, Yakima

2019 – League Meet #2 – Tuesday October 22 @ Moses Lake

Host sites for District 6 Championships:

2019 – Districts – Thursday October 31 @Franklin Park, Yakima

HISTORICAL DATA:

	<u>Host sites for league meets:</u>	<u>Host sites for District 6 Championships:</u>
2012		Walla Walla Point, Wenatchee
2013	Date 1 – Sept. 19 @ Franklin Park Date 2 – Oct. 22 @ Wenatchee	Franklin Park, Yakima (October 31)
2014	Date 1 – Sept. 18 @ West Valley JH Date 2 – Oct. 21 @ Moses Lake	Walla Walla Point, Wenatchee, October 30
2015	Date 1 – Sept. 17 @ Franklin Park, Yakima Date 2 – Oct. 20 @ Eastmont	Franklin Park, Yakima, October 29
2016	Date 1 – Sept. 15 @ Franklin Park, Yakima Date 2 – Oct. 18 @ Moses Lake	Walla Walla Point, Wenatchee, October 27
2017	Date 1 – Sept. 14 @ West Valley JH Date 2 – Oct. 17 @ Wenatchee	Franklin Park, Yakima, October 26
2018	Date 1 - Sept. 13 @ Franklin Park, Yakima Date 2 - Oct. 16 @ Hydro Park, East Wenatchee	Walla Walla Point, Wenatchee, October 25
2019	Date 1 – Sept. 19 @ Franklin Park, Yakima Date 2 – Oct. 22 @ Moses Lake	Franklin Park, Yakima, October 31