Big 9 Pitching Limitation Verification Post-Game Form (coach keep on file)

Pitcher Name: _____ School: _____

Game Date	Opponent	Pitches Thrown	Days' Rest Required (see chart below)	Next Eligible Pitching Day (see chart below)	Coach Signature

DAILY LIMITATION

The pitching limitation rule applies during all regular season and postseason games, as well as to tied, suspended, discontinued or protested games. The pitching limitation rule is based upon the number of pitches thrown during a calendar day with a **maximum of 105 pitches** in a calendar day.

POSTGAME REPORTING: Input pitch count # on Big 9 website when submitting scores in the "Score Comments" box. For example: Wenatchee: Smith 90, Jones 27. Davis: Davis 85, Thompson 14

WIAA Pitch Count Limits:

105 pitches/day max	
# PITCHES	**REQUIRED REST**
76-105	**3 calendar days**
51-75	**2 calendar days**
31-50	**1 calendar day**
1-30	**0 days**

Example Pitching Rest Periods & Eligibility:

Day of Week	Pitches Thrown	Pitches Thrown	Pitches Thrown
Monday	1-30	51-75	76-105
Tuesday	Eligible to Pitch	Rest	Rest
Wednesday		Rest	Rest
Thursday	31-50	Eligible to Pitch	Rest
Friday	Rest		Eligible to Pitch
Saturday	Eligible to Pitch		