

NWC All Conference Team 2015

Calculated from the 2015 season best times

Max event limit 4, 2 relays 2 individual events or 3 relays 1 individual event.

200 Med. Relay

First Team: Squalicum 'A' 1:48.52 (SF)
Serena Allendorfer, Yanran Le, Olivia Nielsen, Tiana Varang

Second Team: Sehome 'A' 1:55.70 (SF)
Alia Malella, Grace Kim, McKenna Sakamoto, Leah Day

Third Team: Anacortes 'A' 2:00.39 (SP)
Hope Evans, Tenley Nelson, Jocelyn Roberts, Emma Backe

200 free

First Team:	Faith Fostvedt	12 Anacortes	2:00.72 (SF)
Second Team:	Kyrie Fairbairn	9 Ferndale	2:02.35 (SP)
Third Team:	Gitte Gosvig	9 Bellingham	2:02.62 (SF)

200 IM

First Team:	Yani Le	10 Squalicum	2:11.02 (SF)
Second Team:	Olivia Nielsen	12 Squalicum	2:18.15 (SP)
Third Team:	Bella Wyll	12 Anacortes	2:21.99 (SP)

50 free

First Team:	Tiana Varang	9 Squalicum	24.75 (SP)
Second Team:	Serena Allendorfer	12 Squalicum	24.95 (SP)
Third Team:	Zoe Hill	11 Anacortes	24.99 (SP)

Diving

First Team:	Amber Caron	12 Squalicum	
Second Team:	Helene Synnott	9 Squalicum	
Third Team:	Jordan Cucksey	9 Squalicum	

100 fly

First Team:	Olivia Nielsen	12 Squalicum	59.06 (SF)
Second Team:	Zoe Hill	11 Anacortes	1:01.03 (SP)
Third Team:	Jocelyn Roberts	10 Anacortes	1:02.64 (SP)

100 free

First Team:	Serena Allendorfer	12 Squalicum	:54.01 (SP)
Second Team:	Tiana Varang	9 Squalicum	:54.10 (SF)
Third Team:	Faith Fostvedt	12 Anacortes	:54.42 (SF)

500 free

First Team:	Alia Malella	11 Sehome	5:17.24 (SP)
Second Team:	Sarah Hollander	12 Lynden	5:19.77 (DF)
Third Team:	Gitte Gosvig	9 Bellingham	5:31.35 (SF)

200 Free Relay

First Team: Anacortes 'A' 1:42.37 (SF)
Lauren Conrardy, Faith Fosvedt, Isabel Wyll, Zoe Hill

Second Team: Sehome 'A' 1:43.54 (SF)
Hannah Holmgren , Sophie Grambo, Leah Day, McKenna Sakamoto

Third Team: Squalicum 'A' 1:44.86 (SF)
Yani Le, Shaye Fowler, Kristina DeKoster, Sophie Booth

100 back

First Team:	Sarah Hollander	12 Lynden	:59.37 (DF)
Second Team:	Alia Malella	11 Sehome	1:00.20 (SF)
Third Team:	Lauren Corardy	11 Anacortes	1:04.25 (SF)

100 breast

First Team:	Yani Le	10 Squalicum	1:04.68 (SF)
Second Team:	Hannah Holmgren	12 Sehome	1:10.50 (SF)
Third Team:	Grace Kim	9 Sehome	1:11.94 (SP)

400 Free Relay

First Team: Squalicum 'A' 3:41.84 (SF)
Serena Allendorfer, Sophie Booth, Olivia Nielsen, Tiana Varang

Second Team: Anacortes 'A' 3:44.41 (SF)
Faith Fostvedt, Zoe Hill, Isabel Wyll, Lauren Conrardy

Third Team: Sehome 'A' 3:48.67 (SP)
Sophie Grambo, McKenna Sakamoto, Alia Malella, Hannah Holmgren