

2021-22 ESC All Conference Honors

Boys & Girls Cross Country



Boys Coach of the Year:

Boys Sportsmanship Award:

ESC Boys MVP/Runner of the Year

Name	Grade	School
Stephen Bleakley-Harris	11	Northwest

ESC All Conference Team - Boys

Name	Grade	School
Desmond Stanfield	10	Northwest
Staser Simpson	9	King's
Hiroto Nasu	12	King's
Eric Coombs	11	Bush
Amare Fields	11	Bush
Keith Hunter	10	Overlake
Lucas Needham	12	King's
Jaden McCleery-Brown	12	Seattle Academy
Aleksy Umbers	10	Overlake
Will Reeves	9	Eastside Preparatory
Anders Blaine	12	Northwest
Geoffrey Arone	10	Bush
Merek Weed	12	Northwest
Luke Echelbarger	9	King's
Carter Castle	10	South Whidbey
Lucas Ringer	12	Seattle Academy
Christian Chi	9	Cedar Park Chr. (Bothell)
Ian O'Brien	10	South Whidbey
Harry Jackson	12	University Prep
Nathan Gabrielson	10	Bush

Girls Coach of the Year:

Girls Sportsmanship Award:

ESC Girls MVP/Runner of the Year

Name	Grade	School
Isla Chadsey	11	Northwest

ESC All Conference Team - Girls

Name	Grade	School
Isla Chadsey	11	Northwest
Elie Bassett	12	Granite Falls
Sophia Inglin	9	King's
Naomi Atwood	10	South Whidbey
Audrey Gmerek	10	South Whidbey
Olivia Stiles	11	Overlake
Abby Goodfried	12	Bush
Campbell Baker	12	King's
Kathryn Frazer	11	Bush
Grace Echelbarger	12	King's
Ruby Shapiro	11	Bush
Talia Willson	10	Overlake
Romy McKey	10	Bush
Dylan Cundiff	12	Bush
Sameeksha Dangi	11	Overlake
Natalie Hewit	10	Bear Creek
Naomi Fina	12	Northwest
Kate Gerspacher	11	King's
Dalia Cape	12	Bush
Elise Lombardi	11	Bush
Hannah Chinn	11	Bear Creek
Haley Hoffman	11	University Prep
Saina Bhatt	9	Eastside Preparatory