

SPECTRUM CENTER SCHOOL OF MASSAGE

Student Sports Massage Registration and Health Information

Name _____

High School _____

Home Address _____

Day Phone _____ Evening Phone _____

Age _____ Date of Birth _____ Female _____ Male _____

Parent/Guardian Name _____

Emergency Contact and Phone _____

Approximate date of your last visit to your health care provider _____

List current medications _____

Have you ever had a massage of other type of bodywork? Yes ___ No ___ Type _____

Please check whether or not you currently have or have had any of the following conditions:

- | | | | |
|---|---|--|---|
| <input type="checkbox"/> hospitalizations | <input type="checkbox"/> diabetes | <input type="checkbox"/> shingles | <input type="checkbox"/> shoulder pain |
| <input type="checkbox"/> surgeries/accidents | <input type="checkbox"/> contact lenses | <input type="checkbox"/> allergies | <input type="checkbox"/> low back pain |
| <input type="checkbox"/> high blood pressure | <input type="checkbox"/> herniated disc | <input type="checkbox"/> rashes | <input type="checkbox"/> headaches |
| <input type="checkbox"/> circulatory conditions | <input type="checkbox"/> scoliosis | <input type="checkbox"/> warts | <input type="checkbox"/> broken bones |
| <input type="checkbox"/> blood clots | <input type="checkbox"/> arthritis | <input type="checkbox"/> athlete's foot | <input type="checkbox"/> sprains/strains |
| <input type="checkbox"/> varicose veins | <input type="checkbox"/> bursitis | <input type="checkbox"/> infectious diseases | <input type="checkbox"/> numbness/tingling |
| <input type="checkbox"/> cancer/tumors | <input type="checkbox"/> herpes | <input type="checkbox"/> neck pain | <input type="checkbox"/> currently pregnant |

Please use the space below to provide additional information concerning those items checked or any other health conditions you currently have or have had.

I understand that the sports massage given by the Spectrum massage students is for purposes of increasing circulation and reducing muscular tension and spasm in preparation of and/or for post athletic competition. I further understand that the Spectrum massage students do not diagnose illness or prescribe medical or pharmaceutical treatment. It has been made clear to me that massage is not a substitute for a medical examination and it is recommended that I contact a licensed health care provider for any medical or health concerns.

It is my choice to receive a sports massage and I have provided accurate information concerning all past and current health conditions. I also understand that massage students may not receive compensation for their service.

Signature _____

Parent/guardian if under 18 years of age _____

Date _____

