

## District 1/7/8 Gymnastics State Qualifier - 2019

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### **Location and date:**

- **GYMagine Gymnastics** on 2/16/2019
- **Address:** 3616 South Road #B3  
Mukilteo Washington 98275

**Meet Policies and Regulations:** The meet shall be governed by the WIAA rules and regulations and District 1/7/8 policy and procedures.

### **Meet Director:**

Susan Riley – Shoreline School District  
Email: susriley@hotmail.com  
Cell Phone: 206 755 6931

**Games Committee:** Susan Riley, Head official, Robert Polk District 1 Director via phone (425-268-3716) and one coach that is not involved. If involving a Shoreline School, Susan will not be part of games committee.

**Admission:** Admission will not be charged. Schools do not need to send a pass list in advance.

**Spectators:** All spectators must be in designated viewing areas.

### **Qualifying Athletes:**

Please submit names of qualifying athletes to Susan Riley no later than Monday February 11, 2019, 3pm via email to susriley@hotmail.com.

**Inquiry Forms:** Will be provided. Inquiries must be completed and turned into the meet director before the end of each rotation. Inquires will follow the WIAA Inquiry Policy. Coaches may not approach or talk to judges directly.

### **Sportsmanship/Spirit: Signs, Flags, Noisemakers, Bands**

- Each school will be afforded one official school banner.
- Noisemakers will not be allowed and will be confiscated. A fan that is unwilling to give up noisemaker(s) will be removed.
- No hand held signs including big heads.
- No balloons

**Equipment:** Please email Susan Riley with specific equipment questions at susriley@hotmail.com

**Music:** Each school will provide it's own music in an MP3 format. No CDs.

**Rotations:** Rotations will be emailed the week of the Qualifying meet, but no later than Wednesday 2/13/19

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## **Allocations:**

### To District 1/7/8 State Qualifying meet

- District 1: 2 teams, 2 AAs, 4 Individuals per event
- District 7/8: 3 teams, 4 AAs, 8 Individuals per event

### To State:

- 2 teams, 3 AAs, 8 Individuals per event

**Crowd Control:** Please limit to competitive athletes on the floor to those that are competing. Athletes that are not competing need to be in designated viewing areas.

**Belongings:** GYMagine is not responsible for the safety of belongings. Athletes need to keep belongings with them. Please have the girls limit what they bring – no blankets, pillows, extra bags, extra backpacks etc.

**Photographers** are not allowed on the competition floor. They need to be in designated viewing areas and not distracting, impeding or using flash photography. All photographers must have credentials and they must be visible.

## **Equipment/Apparatus:**

AAI Converted Vault Table/AAI Spring Board/AAI Uneven Bars/AAI Balance Beam/Norberts Spring Floor

**Warm up:** One touch warm up during competition are V, UB, FX-Block & BB-Capitol Cup, V will be a ONE touch only, one time on, over or off.

## **Time Schedule:**

**GYMagine will be available for access at 4:15 pm.**

- |              |                                       |
|--------------|---------------------------------------|
| 4:15 pm      | Gym opens for competitors             |
| 4:45-5:00 pm | Stretching                            |
| 5:00-6:20 pm | Timed Warm Ups (8 groups-10 min each) |
| 6:20 pm      | Prepare for March In                  |
| 6:25 pm      | March In                              |
| 6:30 pm      | District 1/7/8 2A/3A Competition      |